

NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®)

Hepatocellular Carcinoma

Version 1.2023 — March 10, 2023

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NCCN Guidelines Version 1.2023 Hepatocellular Carcinoma

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NCCN Guidelines Index Table of Contents Discussion



NCCN Guidelines Version 1.2023 Hepatocellular Carcinoma

NCCN Guidelines Index Table of Contents Discussion

NCCN Hepatocellular Carcinoma Panel Members Summary of the Guidelines Updates

Hepatocellular Carcinoma (HCC)

- HCC Screening (HCC-1)
- Diagnosis of HCC (HCC-2)
- Clinical Presentation and Workup: HCC Confirmed (HCC-3)
- Potentially Resectable or Transplantable, Operable by Performance Status or Comorbidity (HCC-4)
- Unresectable Hepatocellular Carcinoma (HCC-5)
- Liver-Confined Disease, Inoperable by Performance Status, Comorbidity, or With Minimal or Uncertain Extrahepatic Disease; or Metastatic Disease or Extensive Liver Tumor Burden (HCC-6)
- Principles of Imaging (HCC-A)
- Principles of Core Needle Biopsy (HCC-B)
- <u>Child-Pugh Score (HCC-C)</u>
- Principles of Surgery (HCC-D)
- Principles of Locoregional Therapy (HCC-E)
- Principles of Radiation Therapy (HCC-F)
- Principles of Systemic Therapy (HCC-G)
- Principles of Molecular Testing (HCC-H)
- AJCC Staging (ST-1)
- BCLC Staging (ST-2)

Abbreviations (ABBR-1)

Clinical Trials: NCCN believes that the best management for any patient with cancer is in a clinical trial. Participation in clinical trials is especially encouraged.

Find an NCCN Member Institution: <u>https://www.nccn.org/home/member-institutions</u>.

NCCN Categories of Evidence and Consensus: All recommendations are category 2A unless otherwise indicated.

See <u>NCCN Categories of Evidence</u> and <u>Consensus</u>.

NCCN Categories of Preference: All recommendations are considered appropriate. <u>See NCCN Categories</u> of Preference.

The NCCN Guidelines[®] are a statement of evidence and consensus of the authors regarding their views of currently accepted approaches to treatment. Any clinician seeking to apply or consult the NCCN Guidelines is expected to use independent medical judgment in the context of individual clinical circumstances to determine any patient's care or treatment. The National Comprehensive Cancer Network[®] (NCCN[®]) makes no representations or warranties of any kind regarding their content, use or application and disclaims any responsibility for their application or use in any way. The NCCN Guidelines are copyrighted by National Comprehensive Cancer Network[®]. All rights reserved. The NCCN Guidelines and the illustrations herein may not be reproduced in any form without the express written permission of NCCN. ©2023.

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NCCN Guidelines Index **Table of Contents** Discussion

Updates in Version 1.2023 of the NCCN Guidelines for Hepatocellular Carcinoma from Version 5.2022 include:

The NCCN Guidelines for Hepatobiliary Cancers have been reorganized to separate Guidelines for Biliary Tract Cancers and Hepatocellular Carcinoma.

General

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- The text has been updated to have patient-centered language throughout the Guidelines.
- External beam radiation therapy (EBRT) has been changed to Radiation therapy (RT) throughout the Guidelines.

HCC-4

- Treatment
- Column 4, top pathway revised: "If feasible (preferred): Resection or transplant: if feasible (preferred)..."
- > Footnote v revised: "In patients being considered for surgery, patients with Child-Pugh Class A or highly selected patients with Child-Pugh Class B liver function, who fit UNOS criteria/extended criteria (www.unos.org) and are resectable could be considered for resection or transplant..." HCC-A 1 of 3
- Screening and surveillance, bullet 1 revised: "Screening and surveillance for HCC is considered cost-effective in patients with cirrhosis of any cause and patients with chronic hepatitis B (CHB) even in the absence of cirrhosis. The recommended screening and surveillance imaging method is US, and the recommended interval is every 6 months. Liver dynamic CT or dynamic MRI Contrast-enhanced multiphase CT or MRI are more sensitive than US for HCC detection, but they are more costly ... "
- Imaging Diagnosis of HCC, bullet 1 revised: "...Major imaging features of HCC include arterial phase hyperenhancement, nonperipheral venous ordelayed phase washout appearance, enhancing enhancement of capsule appearance, and threshold growth. LI-RADS also provides imaging criteria to diagnose major vascular invasion...'
- Last bullet added: In patients with more advanced stages of disease appropriate for systemic therapy, biopsy should be considered noting that noninvasive imaging criteria have been studied predominantly in earlier stages of disease. A multicenter national audit of 418 patients being evaluated for systemic therapy for HCC in the United Kingdom demonstrated that approximately 7% of patients with a radiographic diagnosis of HCC had an alternative diagnosis such as cholangiocarcinoma (CCA) or mixed HCC-CCA on histologic confirmation.
- Footnote a added: The optimal diagnostic method is core needle biopsy. See Principles of Core Needle Biopsy (HCC-B). HCC-A (3 of 3)
- Reference 9 added: Childs A, Zakeri N, Ma YT, et al. Biopsy for advanced hepatocellular carcinoma: Results of a multicentre UK audit. Br J Cancer 2021;125:1350-1355.

HCC-D

- Principles of Surgery
- Bullet 5 revised: Select patients with initially unresectable disease with response that responds to therapy can be considered for surgery. Consultation with a medical oncologist, interventional radiologist, and a multidisciplinary team is recommended to determine the timing of surgery after systemic therapy.
- > 2nd to last bullet added: Minimally invasive approaches in experienced hands have been proven to be safe and effective.
- Last bullet added: To date, no adjuvant therapies have been shown to have benefit but there are ongoing clinical trials.

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NCCN Guidelines Index Table of Contents Discussion

> Continued UPDATES

Updates in Version 1.2023 of the NCCN Guidelines for Hepatocellular Carcinoma from Version 5.2022 include:

<u>НСС-Е</u>

- Principles of Locoregional Therapy
- A. Ablation (radiofrequency, cryoablation, percutaneous alcohol injection, microwave)
- ◊ Last bullet revised: Sorafenib should not be used as adjuvant therapy post-ablation. Currently, no adjuvant therapies have been shown to have added value post-ablation.
- B. Arterially Directed Therapies
 - Bullet 3, sub-bullet 2 added: A dose of greater than 400 Gy to 25% of the liver or less in patients with Child-Pugh A liver function is recommended.
 Last bullet revised: Systemic therapy Sorafenib-may be appropriate following arterially directed therapies in patients with adequate liver function
 - once bilirubin returns to baseline if there is evidence of residual/recurrent tumor not amenable to additional local therapies...

HCC-F (2 of 2)

- Principles of Radiation Therapy, References
- Reference 9 revised: Proton Beam Therapy. American Society for Radiation Oncology, 2014. Available at: http://www.astro.org/uploadedFiles/Main_ Site/Practice_Management/Reimbursement/ASTRO%20PBT%20Model%20Policy%20FINAL.pdf. Accessed 11/26/18. Proton beam therapy model policy. American Society for Radiation Oncology 2017. Available at: https://www.astro.org/uploadedFiles/_MAIN_SITE/Daily_Practice/Reimbursement/ Model_Policies/Content_Pieces/ASTROPBTModelPolicy.pdf. Accessed January 23, 2022.

HCC-G (1 of 2)

- First-Line Systemic Therapy
- Other Recommended Regimens
- ♦ Durvalumab was changed from a category 2A to a category 1 recommendation.
- Useful in Certain Circumstances
 - \Diamond Nivolumab changed from a category 2B to category 2A recommendation.
 - Bullet revised: Nivolumab (if ineligible for tyrosine kinase inhibitors [TKIs] or other anti-angiogenic agents) (Child-Pugh Class A or B only)
 - ♦ Atezolizumab + bevacizumab (Child-Pugh Class B only) added as a category 2A recommendation.
 - ◊ Nivolumab + ipilimumab added as a category 2B recommendation for TMB-H tumors.
- Header revised: Subsequent-Line Systemic Therapy If Disease Progression
- Other Recommended Regimens: Pembrolizumab was changed from a category 2B to category 2A recommendation.
- Useful in Certain Circumstances:
 - ◊ Ramucirumab (AFP ≥400 ng/mL and Child-Pugh Class A only) (category 1) was moved from Options to Useful in Certain Circumstances.
 - ◊ Nivolumab was changed from a category 2B to category 2A recommendation.
 - ◊ Nivolumab + ipilimumab added as a category 2B recommendation for TMB-H tumors.
- ▶ Footnote h added: Principles of Molecular Testing (HCC-H).
- Footnote j revised: Pembrolizumab is a recommended treatment option for patients with or without MSI-H HCC. Pembrolizumab is FDA-approved for MSI-H tumors.
- > Footnote I added: For patients with disease refractory to standard therapies or who have no standard treatment options available
- Footnote removed: The data reflect use on or after sorafenib in patients who previously tolerated sorafenib at a dose of at least 400 mg per day.
- ▶ Footnote removed: The data reflect use on or after sorafenib.

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NCCN Guidelines Index Table of Contents Discussion

Updates in Version 1.2023 of the NCCN Guidelines for Hepatocellular Carcinoma from Version 5.2022 include:

HCC-G (2 of 2)

- Reference 1 added: Cheng AL, Qin S, Ikeda M, et al. Updated efficacy and safety data from IMbrave150: Atezolizumab plus bevacizumab vs. sorafenib for unresectable hepatocellular carcinoma. J Hepatol 2022;76:862-873.
- Reference 7 revised: van Laethem JL, Borbath I, Karwal M, et al. Updated results for pembrolizumab (pembro) monotherapy as first-line therapyfor advanced hepatocellular carcinoma (HCC) in the phase II KEYNOTE-224 study [abstract]. Ann Oncol 2021;32:Abstract 933P. Verset G, Borbath I, Karwal M, et al. Pembrolizumab monotherapy for previously untreated advanced hepatocellular carcinoma: Data from the open-label, phase II KEYNOTE-224 trial. Clin Cancer Res 2022;28:2547-2554.
- Reference 16 revised: Qin S, Chen Z, Fang W, et al. Pembrolizumab plus best supportive care versus placebo plus best supportive care as second-line therapy in patients in Asia with advanced hepatocellular carcinoma (HCC): Phase 3 KEYNOTE-394 study [abstract]. J Clin Oncol 2022;40:Abstract 383. Qin S, Chen Z, Fang W, et al. Pembrolizumab versus placebo as second-line therapy in patients from Asia with advanced hepatocellular carcinoma: A randomized, double-blind, phase III trial. J Clin Oncol 2023;41:1434-1443.
- Reference 9 added: D'Alessio A, Fulgenzi CAM, Nishida N, et al. Preliminary evidence of safety and tolerability of atezolizumab plus bevacizumab in patients with hepatocellular carcinoma and Child-Pugh A and B cirrhosis: A real-world study. Hepatology 2022;76:1000-1012.
- Reference 10 added: Schenker M, Burotto M, Richardet M, et al. CheckMate 848: A randomized, open-label, phase 2 study of nivolumab in combination with ipilimumab or nivolumab monotherapy in patients with advanced or metastatic solid tumors of high tumor mutational burden [abstract]. Cancer Res 2022;82:Abstract CT022.
- Reference removed: Finn RS, Qin S, Ikeda M, et al. Atezolizumab plus bevacizumab in unresectable hepatocellular carcinoma. N Engl J Med 2020;382:1894-1905.
- Reference removed: Abou-Alfa GK, Chan SL, Kudo M, et al. Phase 3 randomized, open-label, multicenter study of tremelimumab (T) and durvalumab (D) as first-line therapy in patients (pts) with unresectable hepatocellular carcinoma (uHCC): HIMALAYA [abstract]. J Clin Oncol 2022;40:Abstract 379. <u>HCC-H</u>
- New section added: Principles of Molecular Testing

<u>ABBR-1</u>

New section added: Abbreviations



NCCN Guidelines Index Table of Contents Discussion

HEPATOCELLULAR CARCINOMA (HCC) SCREENING^a



^a Principles of Imaging (HCC-A).

- ^b Adapted with permission from Marrero JA, et al. Hepatology 2018;68:723-750.
- ^c Patients with cirrhosis or chronic hepatitis B (CHB) viral infection should be enrolled in an HCC screening program (See Discussion).
- ^d There is evidence suggesting improved outcomes for patients with HCC in the setting of NAFLD/ hepatitis B virus (HBV)/ hepatitis C virus (HCV) cirrhosis when the NAFLD/HBV/HCV is successfully treated. Referral to a hepatologist should be considered for the comprehensive care of these patients.
- ^e Niazi SK, et al. J Natl Compr Canc Netw 2021;19:829-838.
- ^f White DL, et al. Clin Gastroenterol Hepatol 2012;10:1342-1359.
- ^g Beuers U, et al. Am J Gastroenterol 2015;110:1536-1538.
- ^h Schiff ER, Sorrell MF, and Maddrey WC. Schiff's Diseases of the Liver. Philadelphia: Lippincott Williams & Wilkins (LWW); 2007.
- ¹ Additional risk factors include HBV carrier with family history of HCC, Asian males ≥40 y, Asian females ≥50 y, and African/North American Black individuals with hepatitis B.
- ^j Most clinical practice guidelines recommend US for HCC screening. US exams should be done by qualified sonographers or physicians. Liver dynamic CT or dynamic MRI may be performed as an alternative to US if US fails to detect nodules or if visualization is poor. Korean Liver Cancer Association; National Cancer Center. Gut Liver 2019;13:227-299. See <u>Principles of Imaging (HCC-A)</u>.
- ^k Positive or rising AFP should prompt CT or MRI regardless of US results.
- ¹US negative means no observation or only definitely benign observation(s).

Note: All recommendations are category 2A unless otherwise indicated.



^a Principles of Imaging (HCC-A).

^b Adapted with permission from Marrero JA, et al. Hepatology 2018;68:723-750.

^m An observation is an area identified at imaging that is distinctive from background liver. It may be a mass or a pseudo lesion.

ⁿ Criteria for observations that are definitely HCC have been proposed by Liver Imaging Reporting and Data System (LI-RADS) and adopted by American Association for the Study of Liver Diseases (AASLD). These criteria apply <u>only</u> to patients at high risk for HCC. Organ Procurement and Transplantation Network (OPTN) has proposed imaging criteria for HCC applicable in candidates for liver transplant. See <u>Principles of Imaging (HCC-A)</u>.

^o Before biopsy, evaluate if patient is a resection or transplant candidate. If patient is a potential transplant candidate, consider referral to transplant center before biopsy.

^p The optimal diagnostic method is core needle biopsy. See <u>Principles of Core Needle Biopsy (HCC-B)</u>.

^q If no observations are detected at diagnostic imaging despite positive surveillance tests, then return to surveillance in 6 months if the most reasonable explanation is that surveillance tests were false positives. Consider imaging with an alternative method ± AFP if there is reasonable suspicion that the diagnostic imaging test was false negative.

Note: All recommendations are category 2A unless otherwise indicated.



^a Principles of Imaging (HCC-A).

- ^r See <u>NCCN Guidelines for Older Adult Oncology</u>.
- ^s See <u>Child-Pugh Score (HCC-C)</u> and assess portal hypertension (eg, varices, splenomegaly, thrombocytopenia).
- ^t An appropriate hepatitis panel should preferably include:
- Hepatitis B surface antigen (HBsAg). If the HBsAg is positive, check hepatitis B e antigen, hepatitis B e antibody, and quantitative HBV DNA and refer to hepatologist.
- Hepatitis B surface antibody (for vaccine evaluation only).
- Hepatitis B core antibody (HBcAb) IgG. The HBcAb IgM should only be checked in cases of acute viral hepatitis. An isolated HBcAb IgG may still be chronic HBV and should prompt testing for a quantitative HBV DNA.
- Hepatitis C antibody. If positive, check quantitative HCV RNA and HCV genotype and refer to hepatologist.

Note: All recommendations are category 2A unless otherwise indicated.



^u Discussion of surgical treatment with patient and determination of whether patient is amenable to surgery.

^v In patients being considered for surgery, patients with Child-Pugh Class A or highly selected patients with Child-Pugh Class B liver function, who fit UNOS criteria/extended criteria (<u>www.unos.org</u>) and are resectable could be considered for resection or transplant. There is controversy over which initial strategy is preferable to treat such patients. These patients should be evaluated by a multidisciplinary team.

^w Principles of Surgery (HCC-D).

^x In highly selected patients with Child-Pugh Class B liver function with limited resection.

^y Extended criteria/downstaging protocols are available through UNOS. See <u>https://optn.transplant.hrsa.gov/media/1200/optn_policies.pdf#nameddest=Policy_09</u>.

² Consider biopsy if imaging is not consistent or to confirm imaging diagnosis if it does not meet AASLD or LIRADS-5 criteria. See <u>Principles of Imaging (HCC-A)</u>. The optimal diagnostic method is core needle biopsy. See Principles of Core Needle Biopsy (HCC-B).

^{aa} Mazzaferro V, et al. N Engl J Med 1996;334:693-700.

^{bb} Many transplant centers consider bridge therapy for transplant candidates (See <u>Discussion</u>).

^{cc} <u>Principles of Locoregional Therapy (HCC-E)</u>.

^{dd} In well-selected patients with small, properly located tumors, ablation should be considered as definitive treatment in the context of a multidisciplinary review. ^{ee} Principles of Radiation Therapy (HCC-F).

^{ff} Multiphasic abdominal MRI or multiphase CT scans for liver assessment, CT chest, and CT/MRI pelvis. See Principles of Imaging (HCC-A).

⁹⁹ Surveillance imaging and AFP should continue for at least 5 years; and thereafter screening is dependent on HCC risk factors. See Principles of Imaging (HCC-A).

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any patient with cancer is in a clinical trial. Participation in clinical trials is especially encouraged.

For relapse, see <u>Initial</u> <u>Workup (HCC-3)</u>



^s See <u>Child-Pugh Score (HCC-C)</u> and assess portal hypertension (eg, varices, splenomegaly, thrombocytopenia).

^w Principles of Surgery (HCC-D).

^z Consider biopsy if imaging is not consistent or to confirm imaging diagnosis if it does not meet AASLD or LIRADS-5 criteria. See <u>Principles of Imaging (HCC-A)</u>. The optimal diagnostic method is core needle biopsy. See <u>Principles of Core Needle Biopsy (HCC-B)</u>.

^{aa} Mazzaferro V, et al. N Engl J Med 1996;334:693-700.

^{bb} Many transplant centers consider bridge therapy for transplant candidates (See <u>Discussion</u>).

^{cc} Principles of Locoregional Therapy (HCC-E).

ee Principles of Radiation Therapy (HCC-F).

^{ff} Multiphasic abdominal MRI or multiphase CT scans for liver assessment, CT chest, and CT/MRI pelvis. See Principles of Imaging (HCC-A).

⁹⁹ Surveillance imaging and AFP should continue for at least 5 years; and thereafter screening is dependent on HCC risk factors. See Principles of Imaging (HCC-A).

^{hh} Order does not indicate preference. The choice of treatment modality may depend on extent/location of disease, hepatic reserve, and institutional capabilities.

ⁱⁱ Use of chemoembolization has also been supported by randomized controlled trials in selected populations over best supportive care.

^{jj} <u>Principles of Systemic Therapy (HCC-G)</u>.

kk See NCCN Guidelines for Palliative Care.

Note: All recommendations are category 2A unless otherwise indicated.





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NCCN Guidelines Index Table of Contents Discussion

PRINCIPLES OF IMAGING

Screening and Surveillance

- Screening and surveillance for HCC is considered cost-effective in patients with cirrhosis of any cause and patients with chronic hepatitis B (CHB) even in the absence of cirrhosis.^{1,2} The recommended screening and surveillance imaging method is US, and the recommended interval is every 6 months.^{1,2} Contrast-enhanced multiphase CT or MRI are more sensitive than US for HCC detection,³ but they are more costly. They may be performed as an alternative to US if US fails to detect nodules or if visualization is poor (see below).⁴ Serum biomarkers such as AFP may incrementally improve the performance of imaging-based screening and surveillance.
- Patients with viral hepatitis who have had a complete or sustained viral response should continue with screening despite that response.⁵

Imaging Diagnosis of HCC

- After a positive screening or surveillance test or after lesions are detected incidentally on routine imaging studies done for other reasons, multiphasic abdominal CT or MRI studies with contrast are recommended to establish the diagnosis and stage the tumor burden in the liver. Optimal imaging technique depends on the modality and contrast agent, as summarized by Liver Imaging Reporting and Data System (LI-RADS).⁶ To standardize interpretation, the American Association for the Study of Liver Diseases (AASLD),¹ European Association for the Study of the Liver,² Organ Procurement and Transplantation Network (OPTN),⁷ and LI-RADS^{6,8} have adopted imaging criteria to diagnose HCC nodules greater than or equal to 10 mm. Criteria have not been proposed for nodules less than 10 mm as these are difficult to definitively characterize at imaging. Major imaging features of HCC include arterial phase hyperenhancement, nonperipheral washout, enhancing capsule, and threshold growth.^{6,8} LI-RADS also provides imaging criteria to diagnose major vascular invasion.⁶ Having criteria for vascular invasion is necessary because the tumor in the vein may not have the same imaging features as parenchymal tumors.
- Importantly, imaging criteria for parenchymal nodules apply only to patients at high risk for developing HCC: namely, those with cirrhosis, CHB, or current or prior HCC. In these patients, the prevalence of HCC is sufficiently high that lesions meeting imaging criteria for HCC have close to a 100% probability of being HCC. The criteria do not apply to the general population or, except for CHB, to patients with chronic liver disease that has not progressed to cirrhosis. The criteria are designed to have high specificity for HCC; thus, lesions meeting these criteria can be assumed to represent HCC and may be treated as such without confirmatory biopsy. As a corollary, the criteria have modest sensitivity; thus, many HCCs do not satisfy the required criteria and failure to meet the criteria does not exclude HCC.⁶
- Lesions that do not meet the imaging criteria described above for HCC require individualized workup, which may include additional imaging or biopsy as informed by multidisciplinary discussion and are outlined in the treatment algorithms.
- Quality of MRI is dependent on patient compliance.
- In patients with more advanced stages of disease appropriate for systemic therapy, biopsy^a should be considered noting that noninvasive imaging criteria have been studied predominantly in earlier stages of disease. A multicenter national audit of 418 patients being evaluated for systemic therapy for HCC in the United Kingdom demonstrated that approximately 7% of patients with a radiographic diagnosis of HCC had an alternative diagnosis such as cholangiocarcinoma (CCA) or mixed HCC-CCA on histologic confirmation.⁹

Extrahepatic Staging

• Frequent sites of extrahepatic metastases from HCC include lungs, bone, and lymph nodes. Adrenal and peritoneal metastases also may occur. For this reason, chest CT, complete imaging of abdomen and pelvis with contrast-enhanced CT or MRI, and selective use of bone scan¹⁰ when skeletal symptoms are present are recommended at initial diagnosis of HCC and for monitoring disease while on the transplant wait list or during or after treatment for response assessment. Chest CT may be performed with contrast if concurrently acquired with contrast-enhanced abdominal/pelvic CT. If MRI is performed, chest CT may be acquired without contrast.

^a The optimal diagnostic method is core needle biopsy. See Principles of Core Needle Biopsy (HCC-B).

References

Continued HCC-A 1 OF 3

Note: All recommendations are category 2A unless otherwise indicated.

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NCCN Guidelines Index Table of Contents Discussion

PRINCIPLES OF IMAGING

Imaging Diagnosis of iCCA and cHCC-CCA

Patients at risk for HCC due to cirrhosis, CHB, or other conditions are also at elevated risk for developing non-HCC primary hepatic malignancies such as intrahepatic CCA (iCCA) and combined HCC-CCA (cHCC-CCA). Although iCCAs and cHCC-CCAs tend to have malignant imaging features, the features are not sufficiently specific to permit noninvasive diagnosis.^{8,11} Biopsy^a or definitive resection usually is necessary to make a diagnosis.

Imaging Protocol for Response Assessment After Treatment

CT of the chest and multiphasic CT or MRI of the abdomen and pelvis are the preferred modalities as they reliably assess intranodular arterial vascularity, a key feature of residual or recurrent tumor. Overall nodule size does not reliably indicate treatment response since a variety of factors may cause a successfully treated lesion to appear stable in size or even larger after treatment.

Role of CEUS

Contrast-enhanced US (CEUS) is considered a problem-solving tool for use at select centers with the relevant expertise for characterization of indeterminate nodules. It is not suitable for whole-liver assessment, surveillance, or cancer staging.¹²

Role of PET

PET/CT has limited sensitivity but high specificity, and may be considered when there is an equivocal finding.¹³ When an HCC is detected by CT or MRI and has increased metabolic activity on PET/CT, higher intralesional standardized uptake value is a marker of biologic aggressiveness and might predict less optimal response to locoregional therapies.¹⁴

^a The optimal diagnostic method is core needle biopsy. See Principles of Core Needle Biopsy (HCC-B).

References

Note: All recommendations are category 2A unless otherwise indicated. Clinical Trials: NCCN believes that the best management of any patient with cancer is in a clinical trial. Participation in clinical trials is especially encouraged.

HCC-A 2 OF 3

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PRINCIPLES OF IMAGING REFERENCES

- ¹ Marrero JA, Kulik LM, Sirlin C, et al. Diagnosis, staging, and management of hepatocellular carcinoma: 2018 Practice Guidance by the American Association for the Study of Liver Diseases. Hepatology 2018;68:723-750.
- ² European Association for the Study of the Liver, European Organisation for Research and Treatment of Cancer. European Association for the Study of the Liver (EASL)-EORTC clinical practice guidelines: management of hepatocellular carcinoma. J Hepatol 2012;56:908-943.
- ³ Colli A, Fraquelli M, Casazza G, et al. Accuracy of ultrasonography, spiral CT, magnetic resonance, and alpha-fetoprotein in diagnosing hepatocellular carcinoma: a systematic review. Am J Gastroenterol 2006;101:513-523.
- ⁴ Korean Liver Cancer Association; National Cancer Center. 2018 Korean Liver Cancer Association-National Cancer Center Korea Practice Guidelines for the Management of Hepatocellular Carcinoma. Gut Liver 2019;13:227-299.
- ⁵ Ioannou, GN. HCC surveillance after SVR in patients with F3/F4 fibrosis. J Hepatol 2021;74:458-465.
- ⁶ ACR. American College of Radiology (ACR) Liver Imaging Reporting and Data System (LI-RADS) v2017 2018 [cited 2018 May 28]. Available from: <u>http://www.acr.org/Quality-Safety/Resources/LIRADS</u>.
- ⁷ Pomfret EA, Washburn K, Wald C, et al. Report of a national conference on liver allocation in patients with hepatocellular carcinoma in the United States. Liver Transpl 2010;16:262-278.
- ⁸ Fowler KJ, Potretzke TA, Hope TA, et al. LI-RADS M (LR-M): definite or probable malignancy, not specific for hepatocellular carcinoma. Abdom Radiol (NY) 2018; 43:149-157.
- ⁹ Childs A, Zakeri N, Ma YT, et al. Biopsy for advanced hepatocellular carcinoma: Results of a multicentre UK audit. Br J Cancer 2021;125:1350-1355.
- ¹⁰ Harding JJ, Abu-Zeinah G, Chour JF, et al. Frequency, morbidity, and mortality of bone metastases in advanced hepatocellular carcinoma. J Natl Compr Canc Netw 2018;16:50-58.
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Note: All recommendations are category 2A unless otherwise indicated.

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PRINCIPLES OF CORE NEEDLE BIOPSY

The optimal diagnostic method is core needle biopsy. Indicators for consideration of core needle biopsy may include:

Initial core needle biopsy

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- Lesion is highly suspicious for malignancy at multiphasic CT or MRI but does not meet imaging criteria^a for HCC.
- Lesion meets imaging criteria¹ for HCC but:
 - ◊ Patient is not considered at high risk for HCC development (ie, does not have cirrhosis, CHB, or current or prior HCC).
 - ◊ Patient has cardiac cirrhosis, congenital hepatic fibrosis, or cirrhosis due to a vascular disorder such as Budd-Chiari syndrome, hereditary hemorrhagic telangiectasia, or nodular regenerative hyperplasia.^b
 - ♦ Patient has elevated CA 19-9 or carcinoembryonic antigen with suspicion of iCCA or cHCC-CCA.
- Confirmation of metastatic disease could change clinical decision-making including enrollment in clinical trials.
- Surgical resection without core needle biopsy should be considered with multidisciplinary review.
- If core needle biopsy is considered, obtain prior to ablation.
- Repeat core needle biopsy
- Non-diagnostic core needle biopsy
- > Prior core needle biopsy discordant with imaging, biomarkers, or other factors

^a Imaging criteria for HCC have been proposed by LI-RADS and adopted by AASLD. These criteria apply only to patients at high risk for HCC. OPTN has proposed imaging criteria for HCC applicable in liver transplant candidates. See Principles of Imaging (HCC-A).

^b These conditions are associated with formation of nonmalignant nodules that may resemble HCC at imaging.

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 Hepatocellular Carcinoma

NCCN Guidelines Index Table of Contents Discussion

CHILD-PUGH SCORE

Chemical and Biochemical Parameters	Scores (Points) for Increasing Abnormality		
	1	2	3
Encephalopathy (grade) ¹	None	1–2	3–4
Ascites	Absent	Slight	Moderate
Albumin (g/dL)	>3.5	2.8–3.5	<2.8
Prothrombin time ²			
Seconds over control	<4	4–6	>6
INR	<1.7	1.7–2.3	>2.3
Bilirubin (mg/dL)	<2	2–3	>3
 For primary biliary cirrhosis 	<4	4–10	>10

Class A = 5–6 points; Class B = 7–9 points; Class C = 10–15 points.

Class A: Good operative risk Class B: Moderate operative risk Class C: Poor operative risk

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Source: Pugh R, Murray-Lyon I, Dawson J, et al: Transection of the oesophagus for bleeding oesophageal varices. Br J of Surg 1973;60:646-649. [©]British Journal of Surgery Society Ltd. Adapted with permission. Permission is granted by John Wiley & Sons Ltd on behalf of the BJSS Ltd.

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NCCN Guidelines Index Table of Contents Discussion

PRINCIPLES OF SURGERY

- Patients must be medically fit for a major operation.
- Hepatic resection is indicated as a potentially curative option in the following circumstances:
- Adequate liver function (generally Child-Pugh Class A without portal hypertension, but small series show feasibility of limited resections in patients with mild portal hypertension)¹
- Solitary mass without major vascular invasion
- Adequate future liver remnant (at least 20% without cirrhosis and at least 30%–40% with Child-Pugh Class A cirrhosis, adequate vascular and biliary inflow/outflow)
- Hepatic resection is controversial in the following circumstances, but can be considered:
- Limited and resectable multifocal disease
- Major vascular invasion
- For patients with chronic liver disease being considered for major resection, preoperative portal vein embolization should be considered.²
- Select patients with initially unresectable disease that responds to therapy can be considered for surgery. Consultation with a medical oncologist, interventional radiologist, and a multidisciplinary team is recommended to determine the timing of surgery after systemic therapy.
- Patients meeting the UNOS criteria ([AFP level ≤1000 ng/mL and single lesion ≥2 cm and ≤5 cm, or 2 or 3 lesions ≥1 cm and ≤3 cm] www.unos.org) should be considered for transplantation (cadaveric or living donation).
- The Model for End-Stage Liver Disease (MELD) score is used by UNOS to assess the severity of liver disease and prioritize the allocation of the liver transplants.^{3,5} MELD score can be determined using the MELD calculator: <u>https://optn.transplant.hrsa.gov/resources/allocation-calculators/meld-calculator/</u>. There are patients whose tumor characteristics are marginally outside of the UNOS guidelines who should be considered for transplant.³ Furthermore, there are patients who are downstaged to within criteria that can also be considered for transplantation.⁴ Candidates are eligible for a standardized MELD exception if, before completing locoregional therapy, they have lesions that meet *one* of the following criteria:
 One lesion >5 cm and ≤8 cm
- > 2 or 3 lesions that meet all of the following:
 - ♦ Each lesion ≤5 cm, with at least one lesion >3 cm
 - ◊ A total diameter of all lesions ≤8 cm
- → 4 or 5 lesions each <3 cm, and a total diameter of all lesions ≤8 cm.
- > For more information, see: <u>https://optn.transplant.hrsa.gov/media/1200/optn_policies.pdf#nameddest=Policy_09</u>
- Patients with Child-Pugh Class A liver function, who fit UNOS criteria and are resectable, could be considered for resection or transplant. There is controversy over which initial strategy is preferable to treat such patients. These patients should be evaluated by a multidisciplinary team.
- Based on retrospective analyses, older patients may benefit from liver resection or transplantation for HCC, but they need to be carefully selected, as overall survival is lower than for younger patients.⁶
- Minimally invasive approaches in experienced hands have been proven to be safe and effective.
- To date, no adjuvant therapies have been shown to have benefit but there are ongoing clinical trials.
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Note: All recommendations are category 2A unless otherwise indicated.

NCCN Guidelines Version 1.2023 Comprehensive Hepatocellular Carcinoma

NCCN Guidelines Index **Table of Contents** Discussion

PRINCIPLES OF LOCOREGIONAL THERAPY

I. General Principles

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 All patients with HCC should be evaluated for potential curative therapies (resection, transplantation, and for small lesions, ablative strategies). Locoregional therapy should be considered in patients who are not candidates for surgical curative treatments, or as a part of a strategy to bridge patients for other curative therapies. These are broadly categorized into ablation, arterially directed therapies, and radiotherapy.

II. Treatment Information

A. Ablation (radiofrequency, cryoablation, percutaneous alcohol injection, microwave):

- All tumors should be amenable to ablation such that the tumor and, in the case of thermal ablation, a margin of normal tissue is treated. A margin is not expected following percutaneous ethanol injection.
- Tumors should be in a location accessible for percutaneous/laparoscopic/open approaches for ablation.
- Caution should be exercised when ablating lesions near major vessels, major bile ducts, diaphragm, and other intra-abdominal organs.
- Ablation alone may be curative in treating tumors less than or equal to 3 cm. In well-selected patients with small properly located tumors, ablation should be considered as definitive treatment in the context of a multidisciplinary review. Lesions 3 to 5 cm may be treated to prolong survival using arterially directed therapies, or with combination of an arterially directed therapy and ablation as long as tumor location is accessible for ablation.¹⁻³
- Unresectable/inoperable lesions greater than 5 cm should be considered for treatment using arterially directed therapy, systemic therapy, or RT.⁴⁻⁶
- Currently, no adjuvant therapies have been shown to have added value post-ablation.⁷

B. Arterially Directed Therapies:

- All tumors irrespective of location may be amenable to arterially directed therapies provided that the arterial blood supply to the tumor may be isolated without excessive non-target treatment.
- Arterially directed therapies include bland transarterial embolization (TAE),^{4,5,8,9} chemoembolization (transarterial chemoembolization [TACE]¹⁰ and TACE with drug-eluting beads [DEB-TACE]).^{4,11} and radioembolization (RE) with vttrium-90 (Y-90) microspheres.^{12,13}
- All arterially directed therapies are relatively contraindicated in patients with bilirubin greater than 3 mg/dL unless segmental treatment can be performed.¹⁴ RE with Y-90 microspheres has an increased risk of radiation-induced liver disease in patients with bilirubin greater than 2 mg/dL.¹³
- With RE, delivery of 205 Gy or more to the tumor may be associated with increased overall survival.¹⁸
- > A dose of greater than 400 Gy to 25% of the liver or less in patients with Child-Pugh A liver function is recommended.
- Arterially directed therapies in highly selected patients have been shown to be safe in the presence of limited tumor invasion of the portal vein. > Randomized controlled trials have shown that Y-90 is not superior to sorafenib for treating advanced HCC. RE may be appropriate in some patients with
 - advanced HCC,^{19,20} specifically patients with segmental or lobar portal vein, rather than main portal vein thrombosis.²¹
- Systemic therapy may be appropriate following arterially directed therapies in patients with adequate liver function once bilirubin returns to baseline if there is evidence of residual/recurrent tumor not amenable to additional local therapies. The safety and efficacy of the use of sorafenib concomitantly with arterially directed therapies has not been associated with significant benefit in three randomized trials; other randomized phase III trials are ongoing to investigate other systemic therapies including immunotherapy in combination with arterial therapies.^{15-17,21}

References

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HCC-E 1 OF 2

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NCCN Guidelines Version 1.2023
 Hepatocellular Carcinoma

NCCN Guidelines Index Table of Contents Discussion

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Note: All recommendations are category 2A unless otherwise indicated.

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 Hepatocellular Carcinoma

NCCN Guidelines Index Table of Contents Discussion

PRINCIPLES OF RADIATION THERAPY

- Treatment Modalities:¹
- > RT is a treatment option for patients with unresectable disease, or for those who are medically inoperable due to comorbidity.
- All tumors irrespective of the location may be amenable to RT (3D conformal RT, intensity-modulated RT [IMRT], or stereotactic body RT [SBRT]). Image-guided RT is strongly recommended when using RT, IMRT, and SBRT to improve treatment accuracy and reduce treatment-related toxicity.
- Hypofractionation with photons² or protons^{2,3} is an acceptable option for intrahepatic tumors, although treatment at centers with experience is recommended.
- SBRT is an advanced technique of hypofractionated RT with photons that delivers large ablative doses of radiation.
- There is growing evidence for the usefulness of SBRT in the management of HCC.^{4,5} SBRT can be considered as an alternative to ablation/ embolization techniques or when these therapies have failed or are contraindicated.
- SBRT (typically 3–5 fractions) is often used for patients with 1 to 3 tumors. SBRT could be considered for larger lesions or more extensive disease, if there is sufficient uninvolved liver and liver radiation tolerance can be respected. There should be no extrahepatic disease or it should be minimal and addressed in a comprehensive management plan. The majority of data on radiation for HCC liver tumors arises from patients with Child-Pugh A liver disease; safety data are limited for patients with Child-Pugh B or poorer liver function. Those with Child-Pugh B cirrhosis can be safely treated, but they may require dose modifications and strict dose constraint adherence.⁶ The safety of liver radiation for HCC in patients with Child-Pugh C cirrhosis has not been established, as there are not likely to be clinical trials available for these patients.^{7,8}
- Proton beam therapy may be appropriate in specific situations.^{9,10}
- Palliative RT is appropriate for symptom control and/or prevention of complications from metastatic HCC lesions, such as bone or brain, and extensive liver tumor burden.¹¹
- RT dosing,¹ depending on the ability to meet normal organ constraints and underlying liver function:
- RT: SBRT or hypofractionation preferred
 - ♦ SBRT: 30–50 Gy (typically in 3–5 fractions)¹²
 - ♦ Hypofractionation²
 - 37.5-72 Gy in 10-15 fractions
 - ♦ Conventional fractionation:^{13,14}
 - 50-66 Gy in 25-33 fractions

References

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HCC-F 1 OF 2

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National NCCN Guidelines Version 1.2023 **NCCN** Guidelines Index Comprehensive **Table of Contents** Cancer NCCN Hepatocellular Carcinoma Discussion Network[®] PRINCIPLES OF SYSTEMIC THERAPY **First-Line Systemic Therapy Preferred Regimens Other Recommended Regimens Useful in Certain Circumstances** • Nivolumab (Child-Pugh Class B only)^{b,8} • Sorafenib (Child-Pugh Class A Atezolizumab + bevacizumab (Child-Pugh Class A only) (category 1)^{a,b,c,1} [category 1] or B7)^{d,e,3,4} Atezolizumab + bevacizumab

- Tremelimumab-actl + durvalumab (category 1)^{b,2}
- Lenvatinib (Child-Pugh Class A only) (category 1)^{5,6}
- Durvalumab (category 1)^{b,2}
- Pembrolizumab (category 2B)^{b,7}
- (Child-Pugh Class B only)⁹
- For TMB-H tumors:
- Nivolumab + ipilimumab (category 2B)¹⁰

Subsequent-Line Systemic Therany if Disease Progression^{f,g,h}

Options	Other Recommended Regimens	Useful in Certain Circumstances
 Regorafenib (Child-Pugh Class A only) (category 1)¹¹ Cabozantinib (Child-Pugh Class A only) (category 1)¹² Lenvatinib (Child-Pugh Class A only) Sorafenib (Child-Pugh Class A or B7)^{d,e} 	 Nivolumab + ipilimumab (Child-Pugh Class A only)^{b,i,13} Pembrolizumab (Child-Pugh Class A only)^{b,i,j,14-16} 	 Ramucirumab (AFP ≥400 ng/mL and Child-Pugh Class A only) (category 1)¹⁷ Nivolumab (Child-Pugh Class B only)^{b,i,18-21} For MSI-H/dMMR tumors Dostarlimab-gxly (category 2B)^{b,i,k,22,23} For <i>RET</i> gene fusion-positive tumors: Selpercatinib (category 2B)²⁴ For TMB-H tumors:

Nivolumab + ipilimumab (category 2B)^{D,I,I,10}

- ^a An FDA-approved biosimilar is an appropriate substitute for bevacizumab.
- ^b See NCCN Guidelines for Management of Immunotherapy-Related Toxicities.
- ^c Patients on atezolizumab + bevacizumab should have adequate endoscopic evaluation and management for esophageal varices within approximately 6 months prior to treatment or according to institutional practice and based on the assessment of bleeding risk.
- ^d See <u>Child-Pugh Score (HCC-C)</u> and assess portal hypertension (eg, varices, splenomegaly, thrombocytopenia).
- ^e Caution: There are limited safety data available for patients with Child-Pugh Class B or C liver function and dosing is uncertain. Use with extreme caution in patients with elevated bilirubin levels. (Miller AA, et al. J Clin Oncol 2009;27:1800-1805). The impact of sorafenib on patients potentially eligible for transplant is unknown.
- ^fLarotrectinib and entrectinib are treatment options for patients with hepatocellular carcinoma that is NTRK gene fusion positive. (Drilon A, et al. N Engl J Med 2018;378:731-739; Doebele RC, et al. Lancet Oncol 2020;21:271-282.)

^g There are no comparative data to define optimal treatment after first-line systemic therapy.

^h Principles of Molecular Testing (HCC-H).

- ⁱ For patients who have not been previously treated with a checkpoint inhibitor because there is a lack of data for subsequent use of immunotherapy in patients who have previously been treated with a checkpoint inhibitor.
- ^j Pembrolizumab is a recommended treatment option for patients with or without microsatellite instability-high (MSI-H) HCC. Pembrolizumab is FDA-approved for MSI-H tumors.
- ^K Dostarlimab-gxly is a recommended treatment option for patients with MSI-H/ mismatch repair deficient (dMMR) recurrent or advanced tumors that have progressed on or following prior treatment and who have no satisfactory alternative treatment options.
- For patients with disease refractory to standard therapies or who have no standard treatment options available.

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Comprehensive NCCN Guidelines Version 1.2023 Hepatocellular Carcinoma

NCCN Guidelines Index **Table of Contents** Discussion

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Note: All recommendations are category 2A unless otherwise indicated.

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NCCN Guidelines Version 1.2023
 Hepatocellular Carcinoma

NCCN Guidelines Index Table of Contents Discussion

PRINCIPLES OF MOLECULAR TESTING

- Hepatocellular carcinomas are associated with a range of molecular alterations, including activation of oncogenic signaling pathways, such as Wnt-TGFβ, PI3K-AKT-mTOR, RAS-MAPK, MET, IGF, and Wnt-β-catenin; TP53 and TERT promotor mutations are also common.¹ To date, however, there are no treatments with differential benefit for specific molecularly defined subgroups of HCC.
- Molecular profiling in HCC: There is no established indication for routine molecular profiling in HCC. Tumor molecular testing may be warranted in patients with atypical histology, cHCC-CCA histology, or unusual clinical presentations.
- Germline testing in hepatobiliary cancers: Evidence remains insufficient for definitive recommendations regarding specific criteria to guide genetic risk assessment in hepatobiliary cancers or for universal germline testing in these tumors.

Immunotherapy Biomarkers (MSI-H/dMMR/TMB-H, PD-L1)

Recommendation:

• There is no established role for microsatellite instability (MSI), mismatch repair (MMR), tumor mutational burden (TMB), or PD-L1 testing in HCC at this time. Immune checkpoint inhibition has shown clinical benefit leading to regulatory approvals in patients with HCC without selection for MSI, MMR, TMB, or PD-L1 status.²⁻⁵

¹ Llovet JM, Kelley RK, Villanueva A, et al. Hepatocellular carcinoma. Nat Rev Dis Primers 2021;7:6.

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- ⁴ Cheng AL, Qin S, Ikeda M, et al. Updated efficacy and safety data from IMbrave150: Atezolizumab plus bevacizumab vs. sorafenib for unresectable hepatocellular carcinoma. J Hepatol 2022;76:862-873.
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Note: All recommendations are category 2A unless otherwise indicated.

NCCN Guidelines Version 1.2023 Comprehensive Hepatocellular Carcinoma

NCCN Guidelines Index **Table of Contents** Discussion

American Joint Committee on Cancer (AJCC) TNM Staging for Hepatocellular Cancer (8th ed., 2017)

Table 1. Definitions for T, N, M

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- **Primary Tumor** Т
- ТΧ Primary tumor cannot be assessed
- T0 No evidence of primary tumor
- Solitary tumor ≤2 cm, or >2 cm without vascular invasion T1
 - T1a Solitary tumor ≤2 cm
 - T1b Solitary tumor >2 cm without vascular invasion
- **T2** Solitary tumor >2 cm with vascular invasion, or multiple tumors, none >5 cm
- **T**3 Multiple tumors, at least one of which is >5 cm
- **T4** Single tumor or multiple tumors of any size involving a major branch of the portal vein or hepatic vein, or tumor(s) with direct invasion of adjacent organs other than the gallbladder or with perforation of visceral peritoneum

Regional Lymph Nodes Ν

- NX Regional lymph nodes cannot be assessed
- No regional lymph node metastasis N0
- N1 Regional lymph node metastasis

Distant Metastasis Μ

- No distant metastasis M0
- Distant metastasis M1

Table 2. AJCC Prognostic Groups				
	Т	Ν	М	
Stage IA	T1a	N0	M0	
Stage IB	T1b	N0	M0	
Stage II	T2	N0	M0	
Stage IIIA	Т3	N0	M0	
Stage IIIB	T4	N0	M0	
Stage IVA	Any T	N1	M0	
Stage IVB	Any T	Any N	M1	

Histologic Grade (G)

- **GX** Grade cannot be accessed
- G1 Well differentiated
- Moderately differentiated G2
- Poorly differentiated G3
- G4 Undifferentiated

Fibrosis Score (F)

The fibrosis score as defined by Ishak is recommended because of its prognostic value in overall survival. This scoring system uses a 0-6 scale.

- **F0** Fibrosis score 0-4 (none to moderate fibrosis)
- F1 Fibrosis score 5-6 (severe fibrosis or cirrhosis)

Used with permission of the American College of Surgeons, Chicago, Illinois. The original source for this information is the AJCC Cancer Staging Manual, Eighth Edition (2017) published by Springer International Publishing.

Continued

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Barcelona Clinic Liver Cancer (BCLC) Staging System (2022)¹

Table 1. Definitions for Prognostic Groups

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Stage	Definition
Very early stage (0)	 Single ≤2 cm Preserved liver function,^a PS 0
Early stage (A)	 Single, or ≤3 nodules each ≤3 cm Preserved liver function,^a PS 0
Intermediate stage (B)	 Multinodular Preserved liver function,^a PS 0
Advanced stage (C)	 Portal invasion and/or extrahepatic spread Preserved liver function, PS 1-2
Terminal stage (D)	 Any tumor burden End stage liver function, PS 3-4

^a Except for those with tumor burden acceptable for transplant.

¹ Adapted with permission from Reig M, Forner A, Rimola J, et al. BCLC strategy for prognosis prediction and treatment recommendation: The 2022 update. J Hepatol 2022;76:681-693.

NCCN Guidelines Index Table of Contents Discussion

Comprehensive NCCN Guidelines Version 1.2023 Hepatocellular Carcinoma

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NCCN Guidelines Index Table of Contents Discussion

ABBREVIATIONS

AASLD	American Association for the Study of Liver Diseases	MELD	Model for End-Stage Liver Disease
AFP	alpha fetoprotein	MMR	mismatch repair
		MSI	microsatellite instability
CCA	cholangiocarcinoma	MSI-H	microsatellite instability-high
CEUS	contrast-enhanced ultrasound		
СНВ	chronic hepatitis B	NAFLD	non-alcoholic fatty liver disease
cHCC-	combined hepatocellular		
CCA	carcinoma- cholangiocarcinoma	OPTN	Organ Procurement and Transplantation Network
dMMR	mismatch repair deficient	RF	radioembolization
		RT	radiation therapy
HBcAb	hepatitis B core antibody		
HBsAg	hepatitis B surface antigen	SBRT	stereotactic body radiation
HBV	hepatitis B virus		therapy
HCC	hepatocellular carcinoma		
HCV	hepatitis C virus	TACE	transarterial chemoembolization
iCCA	intrahepatic	ТМВ	tumor mutational burden
	cholangiocarcinoma	TMB-H	tumor mutational burden-high
IMRT	intensity-modulated radiation		
	therapy	UNOS	United Network for Organ
INR	international normalized ratio		Sharing
		US	ultrasound
LI- RADS	Liver Imaging Reporting and Data System		

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NCCN Categories of Evidence and Consensus				
Category 1	Based upon high-level evidence, there is uniform NCCN consensus that the intervention is appropriate.			
Category 2A	Based upon lower-level evidence, there is uniform NCCN consensus that the intervention is appropriate.			
Category 2B	Based upon lower-level evidence, there is NCCN consensus that the intervention is appropriate.			
Category 3	Based upon any level of evidence, there is major NCCN disagreement that the intervention is appropriate.			

All recommendations are category 2A unless otherwise indicated.

NCCN Categories of Preference				
Preferred intervention	Interventions that are based on superior efficacy, safety, and evidence; and, when appropriate, affordability.			
Other recommended intervention	Other interventions that may be somewhat less efficacious, more toxic, or based on less mature data; or significantly less affordable for similar outcomes.			
Useful in certain circumstances	Other interventions that may be used for selected patient populations (defined with recommendation).			

All recommendations are considered appropriate.

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Discussion This discussion corresponds to the NCCN Guidelines for Hepatocellular Carcinoma. Last updated: January 13th, 2023.

Table of Contents

Overview	MS-2	Management of Resectable Disease	MS-36
Literature Search Criteria and Guidelines Update Meth	odologyMS-2	Surveillance	MS-37
Risk Factors and Epidemiology	MS-2	Management of Advanced Disease	MS-37
Screening for HCC	MS-5	Summary	MS-38
Diagnosis	MS-6	References	MS-40
Imaging	MS-6		
Serum Biomarkers	MS-7	ISSION \\	
Core Needle Biopsy	MS-8		
Initial Workup	MS-9	ate in	
Assessment of Liver Function	MS-10		
Pathology and Staging	MS-11		
Pathology	MS-11	JIESS //	
Staging	MS-11		
Treatment Options	MS-13		
Surgery	MS-13		
Liver Transplantation	MS-16		
Locoregional Therapies	MS-19		
Systemic Therapy	MS-30		

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Comprehensive NCCN Guidelines Version 1.2023 Cancer Hepatocellular Carcinoma

Overview

Hepatobiliary cancers are highly lethal cancers including a spectrum of invasive carcinomas arising in the liver (hepatocellular carcinoma; HCC), gall bladder, and bile ducts (intrahepatic and extrahepatic cholangiocarcinoma [CCA]). Gallbladder cancer and CCAs are collectively known as biliary tract cancers. In 2022, it was estimated that 41,260 people in the United States would be diagnosed with liver cancer and intrahepatic bile duct cancer and an additional 12,130 people would be diagnosed with gallbladder cancer or other biliary tract cancer.¹ Approximately 30,520 deaths from liver or intrahepatic bile duct cancer, and 4,400 deaths due to gallbladder cancer or other biliary tract cancer were anticipated.

The NCCN Guidelines for Hepatocellular Carcinoma are the work of the members of the NCCN Hepatocellular Carcinoma Guidelines Panel. Guidelines for HCC are consistent with those offered by the European Association for the Study of the Liver/European Organisation for Research and Treatment of Cancer and the consensus statement from the 2009 Asian Oncology Summit.² However, some discrepancies exist regarding treatment and surveillance, largely due to geographical differences such as available resources. By definition, the NCCN Guidelines cannot incorporate all possible clinical variations and are not intended to replace good clinical judgment or individualization of treatments. Although not explicitly stated at every decision point of the guidelines, participation in prospective clinical trials is the preferred option for treatment of patients with hepatocellular carcinoma.

Literature Search Criteria and Guidelines Update Methodology

Prior to the update of this version of the NCCN Guidelines for Hepatocellular Carcinoma, an electronic search of the PubMed database was performed to obtain key literature in the field of hepatocellular carcinoma, using the following search terms: (hepatocellular carcinoma) OR (liver cancer). The PubMed database was chosen because it remains the most widely used resource for medical literature and indexes only peer-reviewed biomedical literature.³

The search results were narrowed by selecting studies in humans published in English. Results were confined to the following article types: Clinical Trial, Phase II; Clinical Trial, Phase III; Clinical Trial, Phase IV; Practice Guideline; Guidelines; Randomized Controlled Trial; Meta-Analysis; Systematic Reviews; and Validation Studies.

The data from key PubMed articles and articles from additional sources deemed as relevant to these Guidelines and discussed by the panel have been included in this version of the Discussion section. Recommendations for which high-level evidence is lacking are based on the panel's review of lower-level evidence and expert opinion.

NCCN recommendations have been developed to be inclusive of individuals of all sexual and gender identities to the greatest extent possible. When citing published studies and recommendations from other organizations, the terms used (eg, male, female) reflect the cited sources.

The complete details of the development and update of the NCCN Guidelines are available on the NCCN website (<u>www.NCCN.org</u>).

Risk Factors and Epidemiology

While the incidence and mortality rates for liver and intrahepatic bile duct cancers were previously increasing, an analysis with data from 1975 to 2019 demonstrated that these appear to have stabilized in recent years.¹ Five-year survival rates (based on SEER data from 2006–2012) are lowest for Black individuals and American Indian/Alaska Natives who were diagnosed with liver and intrahepatic bile duct cancer.⁴ Forecast analyses predict that rates will be highest in Black individuals and Hispanic individuals over the next 15 years.⁵ These analyses also predict increasing

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incidence rates in those born between 1950 and 1959, due to high rates of hepatitis C viral infection in this age group.

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The major risk factors for the development of HCC are cirrhosis and chronic liver disease, regardless of etiology.^{6,7} Specific risk factors include viral infections caused by hepatitis B virus (HBV) and/or hepatitis C virus (HCV), chronic alcohol consumption, particular comorbidities or other conditions such as non-alcoholic fatty liver disease (NAFLD), nonalcoholic steatohepatitis (NASH), genetic hemochromatosis (GH), coinfection with HBV/HVC, and human immunodeficiency virus (HIV).⁸⁻¹⁶ A retrospective analysis of patients at liver transplantation centers in the United States found that nearly 50% and about 15% of patients were infected with HBV or HCV, respectively, with approximately 5% of patients having markers of both hepatitis B and hepatitis C infection.¹⁷ Seropositivity for hepatitis B e antigen (HBeAg) and hepatitis B surface antigen (HBsAg) are associated with an increased risk for HCC in patients with chronic hepatitis B viral infection.^{18,19} Data from large population-based studies have also identified high serum HBV DNA and HCV RNA viral load as independent risk factors for developing HCC in patients with chronic infection.²⁰⁻²³

The incidence of HCC is increasing in the United States, particularly in the population infected with HCV. The annual incidence rate of HCC among patients with HCV-related cirrhosis has been estimated to be between 2% and 8%.²⁴ However, HCV often goes undetected, making these calculations difficult to interpret. Although it has been reported that the number of cases of hepatitis C infection diagnosed per year in the United States is declining, it is likely that the observed increase in the number of cases of HCV-related HCC is associated with the often prolonged period between viral infection and the manifestation of HCC.^{25,26} There is strong evidence that direct-acting antivirals (DAAs) improve sustained virologic response in patients with HCV,^{27,28} which in turn may eventually decrease incidence of HCC.^{29,30}

Globally, HBV is the leading cause of HCC incidence and mortality.³¹ Approximately 1.5 million people in the United States are chronically infected with HBV.^{32,33} Results from a prospective controlled study showed the annual incidence of HCC to be 0.5% in carriers of the virus without liver cirrhosis and 2.5% in those with known cirrhosis,³⁴ although studies have shown wide variation in the risk of HCC among individuals with chronic hepatitis B infection.³⁵ A meta-analysis including 68 studies with 27,854 patients with untreated HBV showed an annual HCC incidence of 0.88 per 100 person-years (95% CI, 0.76-0.99), with higher incidence per 100 person-years for patients with cirrhosis (3.16; 95% CI, 2.58–3.74).³⁵ An analysis of 634 patients with HBV showed that long-term antiviral therapy was associated with reduced risk of HCC in patients without cirrhosis (standardized incidence ratio, 0.40; 95% CI, 0.20–0.80).³⁶ Analyses from universal HBV vaccination programs in Alaska and Taiwan showed that vaccination is associated with decreased HCC incidence in children and young adults.³⁷⁻³⁹ Since universal HBV vaccination programs were implemented relatively recently, the potential efficacy of these programs in adults will likely not be seen for at least 10 to 20 years.

Non-viral causes associated with an increased risk for HCC include cirrhosis from any cause (eg, alcoholic cirrhosis); inherited errors of metabolism (relatively rare), such as hereditary hemochromatosis, porphyria cutanea tarda, and alpha-1 antitrypsin deficiency; Wilson's disease; and stage IV primary biliary cirrhosis.^{8,24,40}

Alcoholic cirrhosis is a well-known risk factor for HCC,²⁴ although many of the studies evaluating the incidence rate of HCC in individuals with alcohol-induced cirrhosis have been confounded by the presence of other risk factors such as viral hepatitis infection, which can interact synergistically in the pathogenesis of HCC.^{41,42} It has been estimated that 60% to 80% of persons with HCC have underlying cirrhosis, possibly approaching 90% in the United States.⁴³ Importantly, certain populations

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infected with HBV may have an increased risk for HCC even in the absence of cirrhosis, and the annual incidence of HCC in individuals with inactive HBV and without cirrhosis is less than 0.3%.²⁴ Some risk factors for the development of HCC in HBV carriers without evidence of liver cirrhosis include active viral replication, high HBV DNA levels, and a family history of HCC.^{24,44} Asian males ≥40 years, Asian females ≥50 years, and Black/African American males and females with hepatitis B are also at increased risk for HCC.²⁴ The presence of liver cirrhosis is usually considered to be a prerequisite for development of HCC in individuals with inherited metabolic diseases of the liver or liver disease with an autoimmune etiology.⁴⁵⁻⁴⁷ Although the mechanism of HCC development differs according to the underlying disease, HCC typically occurs in the setting of a histologically abnormal liver. Hence, the presence of chronic liver disease represents a risk for development of HCC.⁸ However, HCC may also develop in patients with normal livers and no known risk factors.48,49

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GH is a condition characterized by excess iron absorption due to the presence of mutations in the *HFE* gene. A study from the National Center for Health Statistics found that patients with a known diagnosis of hemochromatosis at death were 23 times more likely to have primary liver neoplasms than those without GH. The annual incidence rate of HCC associated with cirrhosis due to GH has been sufficiently high (unknown but probably >1.5%), and the American Association for the Study of Liver Diseases (AASLD) guidelines recommend surveillance for this group of patients when cirrhosis is present.²⁴

Metabolic disorders (ie, obesity, diabetes, impaired glucose metabolism, metabolic syndrome, NAFLD) are associated with increased risk of HCC.^{12,50-53} It is anticipated that sequelae of NAFLD, such as non-alcoholic steatohepatitis (NASH, a spectrum of conditions characterized by histologic findings of hepatic steatosis with inflammation in individuals who consume

little or no alcohol) will replace hepatitis as the most common underlying cause of HCC.54-56 Estimations of the prevalence of NASH in the United States are in the range of 3% to 5%, indicating that this sizable subpopulation is at risk for cirrhosis and development of HCC.⁵⁷ In one study, 12.8% of 195 patients with cirrhosis secondary to NASH developed HCC at a median follow-up of 3.2 years, with an annual incidence rate of HCC of 2.6%.¹³ Available epidemiologic evidence supports an association between NAFLD or NASH and an increased HCC risk predominantly in individuals with cirrhosis.^{12,58} However, several studies suggest that HCC may be somewhat less likely to develop in the setting of NASH-associated cirrhosis compared with cirrhosis due to hepatitis C infection.^{59,60} The American Gastroenterological Association clinical practice update recommends that screening for HCC in patients with cirrhosis due to NAFLD be considered.⁶¹ HCC screening should also be considered in patients with NAFLD with noninvasive markers that provide evidence of advanced liver fibrosis or cirrhosis.

Fibrolamellar hepatocellular carcinoma (FLHC) is a variant of HCC that makes up a very small fraction of all HCCs. Patients with FLHC tend to be younger and have a generally better prognosis than those with HCC,⁶²⁻⁶⁴ though recurrences following resection are common.⁶³ FLHC also is rarely, if ever, associated with hepatitis, cirrhosis, or elevated alpha-fetoprotein (AFP) levels.^{63,65} Though cross-sectional imaging results may be strongly suggestive of FLHC, histologic confirmation is needed.⁶⁶ A molecular target to identify FLHC, the DNAJB1-PRKACA chimera, has been found,⁶⁷ which accurately identifies FLHC in 79% to 100% of cases.⁶⁷⁻⁷⁰ Complete resection is the only potentially curative option.⁶⁶ An unplanned analysis from a phase II study investigating the efficacy of everolimus, combined leuprolide and letrozole, or the combination of all 3 drugs revealed that the primary endpoint of a 6-month progression-free survival (PFS) was not met.⁷¹ Given its rarity, the panel does not provide treatment recommendations for FLHC in these guidelines.

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Screening for HCC

The purpose of a cancer screening test is to identify the presence of a specific cancer in an asymptomatic individual in a situation where early detection has the potential to favorably impact patient outcome. The panel supports the recommendation by the AASLD that HCC screening in patients with risk factors for HCC should consist of a program including standardized screening tests, recall procedures, and quality control procedures in place.⁷² The AASLD and EASL-EORTC recommend that ultrasound (US) screening in at-risk patients be done every 6 months.^{24,72,73}

Support for enrolling individuals at high risk for HCC in a screening program comes from a large randomized controlled trial (RCT) in China of 18,816 males and females with hepatitis B infection or a history of chronic hepatitis, defined as patients with abnormalities on serum liver tests lasting for 6 months or more. In this study, screening with serum AFP testing and liver US every 6 months was shown to result in a 37% reduction in HCC mortality, despite the fact that less than 60% of individuals in the screening arm completed the screening program.⁷⁴

HCC screening should be carried out in at-risk populations regardless of age. In a prospective observational study of 638 patients with HCC in Singapore carried out over a 9-year period, patients ≤40 years were more likely than older patients to harbor hepatitis B infection and to have more advanced disease at diagnosis.⁷⁵ Although survival did not differ in the two groups overall, a significant survival benefit was observed for younger patients when the subgroup of patients with early-stage disease was considered.

AFP and liver US are the most widely used methods of screening for HCC.⁷⁶ A review of serum protein biomarkers for early detection of HCC showed that an AFP cut-off value of 100 ng/mL was associated with high specificity (99%) but low sensitivity (31%).⁷⁷ In a screening study involving

a large population of patients in China infected with HBV or those with chronic hepatitis, and using an AFP cut-off of >20 ng/mL, the detection rate, false-positive rate, and positive predictive value with AFP alone were 69%, 5.0%, and 3.3%; with US alone were 84%, 2.9%, and 6.6%; and with the combination of AFP and US were 92%, 7.5%, and 3.0%.⁷⁸ These results demonstrate that US combined with AFP is a better modality for HCC screening than AFP testing alone. A study of 333 patients with HCC and HBV/HCV determined that patients with HCC diagnosed after surveillance with US and AFP had significantly longer overall survival (OS) and disease-free survival (DFS), compared to patients who had no surveillance prior to diagnosis.⁷⁹ Nevertheless, since US is highly operator dependent, the addition of AFP may increase the likelihood of detecting HCC in a screening setting. However, AFP is frequently normal in patients with early-stage disease and its utility as a screening biomarker is limited.⁸⁰⁻ ⁸² A recent meta-analysis including 32 studies with 13,367 patients with cirrhosis who were screened for HCC showed that US with AFP improves sensitivity for detection of HCC, compared to US alone (97% vs. 78%, respectively; relative risk [RR], 0.88; 95% CI, 0.83–0.93).83 Due to the low cost and ease of use, AFP may have utility for enhancing detection of HCC when used in combination with US for screening at-risk individuals. A progressive elevation rate of ≥7 ng/mL per month may be more useful as a diagnostic tool for HCC, relative to use of a fixed cut point such as 200 ng/mL.84

In these guidelines, the populations considered to be "at risk" for HCC and likely to benefit from participation in an HCC screening program include patients with liver cirrhosis induced by viral (hepatitis B and C) as well as non-viral causes of cirrhosis (ie, alcoholic cirrhosis, GH, NAFLD or NASH, stage IV primary biliary cholangitis, alpha-1 antitrypsin deficiency) and hepatitis B carriers without cirrhosis, regardless of cause. Other less common causes of cirrhosis include secondary biliary cirrhosis, Wilson's disease, sclerosing cholangitis, granulomatous disease, type IV glycogen

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storage disease, drug-induced liver disease, venous outflow obstruction, chronic right-sided heart failure, and tricuspid regurgitation.⁸⁵

The panel recommends screening with US and AFP testing (every 6 months) for patients with established risk factors for HCC. Additional imaging (abdominal multiphasic CT or MRI) is recommended in the setting of a rising serum AFP or following identification of a liver mass nodule ≥ 10 mm on US, based on AASLD and LI-RADS (Liver Imaging Reporting and Data System) guidelines.^{24,86} It is also reasonable to screen patients with cross-sectional imaging (CT or MRI), and this may be commonly employed, though not well-studied in the United States. Cost and availability limit the widespread use of screening using cross-sectional imaging. Liver masses <10 mm are difficult to definitively characterize through imaging. If nodules of this size are found, then US and AFP testing should be repeated in 3 to 6 months. Patients with viral hepatitis who have had a complete or sustained viral response should continue with screening despite that response.⁸⁷

Diagnosis

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Localized HCC is asymptomatic for much of its natural history. Nonspecific symptoms associated with more advanced HCC can include jaundice, anorexia, weight loss, malaise, and upper abdominal pain. Physical signs of HCC can include hepatomegaly and ascites.⁵⁵ Paraneoplastic syndromes, although rare, also can occur and include

hypercholesterolemia, erythrocytosis, hypercalcemia, and hypoglycemia.88

Combined HCC-CCA (cHCC-CCA) is a rare hepatobiliary tumor type. Resection for those with early-stage disease is the only potentially curative option.⁸⁹⁻⁹¹ Diagnosis of cHCC-CCA through imaging is difficult since imaging characteristics consist of varying features of both HCC and CCA.^{89,90,92} Therefore, misdiagnosis may occur.^{90,93} Further, though AFP levels may be elevated in patients with cHCC-CCA, levels tend to not differ

significantly from that of patients with HCC.⁹⁴ cHCC-CCA may also be characterized by elevated serum CA 19-9, similar to intrahepatic CCA.^{92,95} If cHCC-CCA is suspected, thorough pathology review is recommended. Biopsy and sequencing can help in disease management if there are actionable mutations. It should be noted that needle biopsies will not necessarily show both elements of the malignancy. Multidisciplinary management is required.

Imaging

HCC lesions are characterized by arterial hypervascularity and "wash out" on portal venous phases, since they derive most of their blood supply from the hepatic artery. This is unlike the surrounding liver, which receives its blood supply from both the portal vein and hepatic artery.⁹⁶ Diagnostic HCC imaging involves the use of multiphasic liver protocol CT with multiphasic (eg, precontrast, arterial phase, portal venous phase, delayed) intravenous contrast-enhanced MRI.^{24,72} The classic imaging profile associated with an HCC lesion is characterized by intense arterial uptake or enhancement followed by contrast washout or hypointensity in the delayed nonperipheral venous phase.^{24,86,97-101} LI-RADS also considers enhancing capsule appearance and threshold growth compared to previous imaging as part of diagnosis using CT or MRI imaging.⁸⁶ The LI-RADS criteria are applicable only to those with cirrhosis and a biopsy may be necessary in patients without any history of liver disease.

Though contrast-enhanced ultrasound (CEUS) may be used at centers of expertise as a problem-solving tool for characterization of indeterminate nodules; it is not recommended by the panel for whole-liver assessment, surveillance, or staging.¹⁰² A meta-analysis including 241 studies showed that CT and MRI are more sensitive than US without contrast for detection of HCC.¹⁰³ Another meta-analysis that included only studies of patients with cirrhosis or chronic hepatitis (N = 30) also showed that US is less sensitive than CT and MRI (60%, 68%, and 81%, respectively) for diagnosis of HCC,

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though it is the most specific (97%, 93%, and 85%, respectively).¹⁰⁴ A meta-analysis including 22 studies with 1721 patients with HCC showed that PET/CT may be useful for predicting prognosis (ie, OS and DFS, P < .001),¹⁰⁵ but it is associated with low sensitivity for HCC detection.^{106,107}

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Multiple meta-analyses have shown that MRI is more sensitive for HCC diagnosis than CT.^{103,108,109} However, one meta-analysis including 19 comprehensive comparisons did not find a statistically significant difference in specificity or in the positive likelihood ratio.¹⁰⁹ When comparing imaging modalities, it is important to keep in mind the quality of the images being compared, which likely differ between studies.

Contrast-enhanced MRI for detection of lesions up to 2 cm has acceptable sensitivity (78%) and excellent specificity (92%) when criteria are applied in appropriate clinical context in patients with known liver disease.¹¹⁰ The results of a prospective study evaluating the accuracy of CEUS and dynamic contrast-enhanced MRI for the diagnosis of liver nodules 2 cm or smaller observed on screening US demonstrated that the diagnosis of HCC can be established without biopsy confirmation if both imaging studies are conclusive.⁹⁹ Comparing MRI to CEUS, the sensitivity was 61.7% versus 51.7%, the specificity was 96.6% versus 93.1%, the positive predictive value was 97.4% versus 93.9%, and the negative predictive value was 54.9% versus 50.9%.99 However, as noted earlier, CEUS is not commonly utilized in the United States. Other investigators have suggested that a finding of classical arterial enhancement using a single imaging technique is sufficient to diagnose HCC in patients with cirrhosis and liver nodules between 1 and 2 cm detected during surveillance, thereby reducing the need for a biopsy.¹¹¹ In the updated AASLD guidelines, the algorithms for liver nodules between 1 and 2 cm have been changed to reflect these considerations. LI-RADS also offers some guidance regarding the use of CEUS for the diagnosis of HCC.¹¹²

The NCCN Guidelines' recommendations for diagnostic imaging in the setting of high clinical suspicion for HCC (eg, following identification of a liver nodule on US or in the setting of a rising serum AFP level) apply only to patients with known risk factors for HCC and are adapted from the AASLD guidelines.²⁴ For these patients, as well as patients with an incidental liver mass or nodule found on US or on another imaging exam, the guidelines recommend evaluation using multiphasic abdominal contrast-enhanced CT or MRI to determine the enhancement characteristics, extent and number of lesions, vascular anatomy, and extrahepatic disease. Gadolinium contrast is preferred for MRI as hepatobiliary agents such as gadolinium ethoxybenzyl diethylenetriamine pentaacetic acid that require more subspecialized experience to interpret hepatobiliary phase imaging are not currently included in AASLD or LI-RADS interpretation.¹¹³⁻¹¹⁶ The quality of MRI is dependent on patient compliance, since some patients may be unable to hold their breath. If no mass is detected using multiphasic contrast-enhanced imaging, or if the observed lesion is definitely benign, then the patients should return to a screening program (ie, US and AFP in 6 months). If there is suspicion that the diagnostic imaging test yielded a false negative, then a different imaging method with or without AFP may be considered. If the observation is inconclusive (ie, not definitely HCC but not definitely benign), then multidisciplinary discussion and individualized workup may be pursued, including additional imaging or biopsy. Multidisciplinary team management has been associated with improved outcomes in HCC, including higher rates of treatment, higher rates of curative treatments in early stages, and prolonged survival in advanced disease.¹¹⁷⁻¹²⁰

Serum Biomarkers

Although serum AFP has long been used as a marker for HCC, it is not a sensitive or specific diagnostic test for HCC. Serum AFP levels >400 ng/mL are observed only in a small percentage of patients with HCC. In a series of 1158 patients with HCC, only 18% of patients had values >400 ng/mL and
46% of patients had normal serum AFP levels <20 ng/mL.¹²¹ In patients with chronic liver disease, an elevated AFP could be more indicative of HCC in non-infected patients.¹²² Furthermore, AFP can also be elevated in pregnancy, and other cancers such as intrahepatic CCA, some metastases from colon cancer, lymphoma, and germ cell tumors.¹²³ AFP testing can be useful in conjunction with other test results to guide the management of disease in patients for whom a diagnosis of HCC is suspected. An elevated AFP level in conjunction with imaging results showing the presence of a growing liver mass has been shown to have a high positive predictive value for HCC in two retrospective analyses involving small numbers of patients.^{124,125} However, the diagnostic accuracy of an absolute AFP cutoff value has not been validated in this setting, and such values may vary by institution and patient population.

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Since the level of serum AFP may be elevated in those with certain nonmalignant conditions such as chronic HBV¹²⁶ or HCV or be within normal limits in up to 30% of patients with HCC,¹²⁷ the panel considers an imaging finding of classic enhancement to be more definitive in the diagnostic setting compared to AFP alone. Additional imaging studies (CT or MRI) are recommended for patients with a rising serum AFP level in the absence of a liver mass. If no liver mass is detected following measurement of an elevated AFP level, the patient should be followed with AFP testing and liver imaging. Further, assessment of AFP levels may be helpful in monitoring treatment response as appropriate (see *Surveillance* below).

Other serum biomarkers being studied in this setting include des-gamma-carboxy prothrombin (DCP), also known as protein induced by vitamin K absence or antagonist-II (PIVKA-II), and lens culinaris agglutinin-reactive AFP (AFP-L3), an isoform of AFP.^{43,128,129} Although AFP was found to be more sensitive than DCP or AFP-L3 in detecting early-stage and very-early-stage HCC in a retrospective case-control study,

none of these biomarkers was considered optimal in this setting.¹³⁰ A case-control study involving patients with hepatitis C enrolled in the large, randomized HALT-C trial who developed HCC showed that a combination of AFP and DCP is superior to either biomarker alone as a complementary assay to screening.⁸¹

The GALAD model, which accounts for gender, age, AFP-L3, AFP, and des-carboxy-prothrombin, is a serum biomarker model used to assess the risk of HCC in patients with chronic liver disease.¹³¹ In validation studies, the GALAD model identified HCC cases in patients with chronic liver disease or nonalcoholic steatohepatitis with a high degree of accuracy.¹³²⁻¹³⁴ The GALADUS score, which combines the GALAD score and US, was found to improve the performance of the GALAD score.¹³³

Core Needle Biopsy

A diagnosis of HCC can often be made noninvasively by imaging in patients with established risk factors for HCC with diagnostic imaging findings on multiphase imaging as described above. However, there are a few clinical scenarios in which an initial core needle biopsy of a suspected HCC may be considered. First, a core needle biopsy may be considered when a lesion is suspicious for malignancy, but multiphasic CT or MRI results do not meet imaging criteria for HCC.^{24,73,80,100,135} AASLD describes the limitations of biopsy in this scenario, specifically the cost, emotional distress for the patient, risk of complications, and potential sampling error for small lesions.⁷² Second, a core needle biopsy may be done in patients who are not considered high risk for developing HCC (ie, patients who do not have cirrhosis, chronic HBV, or a previous history of HCC). Third, a core needle biopsy may be indicated in patients with conditions associated with formation of nonmalignant nodules that may be confused with HCC during imaging. These conditions include cardiac cirrhosis, congenital hepatic fibrosis, or cirrhosis due to a vascular disorder such as Budd-Chiari syndrome, hereditary hemorrhagic telangiectasia, or nodular regenerative

hyperplasia.¹³⁶ Finally, a core needle biopsy may be considered in patients with elevated CA 19-9 or carcinoembryonic antigen, in order to rule out intrahepatic CCA or mixed HCC-CCA^{137,138} or for confirmation of metastatic disease, as this could change clinical decision-making including enrollment in clinical trials. If core needle biopsy is considered, it should be obtained prior to ablation. If transplant or resection is a consideration, patients should be referred to a transplant center and/or hepatic surgeon before biopsy since biopsy may not be necessary in certain patients with resectable malignant-appearing masses. A repeat core needle biopsy was discordant with imaging, biomarkers, or other factors.

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Both core needle biopsy and fine-needle aspiration biopsy (FNAB) have advantages and disadvantages. However, the optimal diagnostic method is core needle biopsy. FNAB may be associated with a lower complication rate when sampling deeply situated lesions or those located near major blood vessels. In addition, the ability to rapidly stain and examine cytologic samples can provide for immediate determinations of whether a sufficient sample has been obtained, as well as the possibility of an upfront tentative diagnosis.¹³⁹ However, FNAB is highly dependent on the skill of the cytopathologist,¹⁴⁰ and there are reports of high false-negative rates^{99,141} as well as the possibility of false-positive findings with this procedure.¹⁴² Although a core needle biopsy is a more invasive procedure, it has the advantage of providing pathologic information on both cytology and tissue architecture. Furthermore, additional histologic and immunohistochemical tests can be performed on the paraffin wax-embedded sample.^{80,139,141} However, some evidence indicates that a core needle biopsy does not provide an accurate determination of tumor grade.¹⁴³ Core needle biopsv is also better for next-generation sequencing (NGS), as NGS needs sufficient tissue and FNAB can have a limited number of tumor cells.

Nevertheless, the use of biopsy to diagnose HCC is limited by sampling error, particularly when lesions are <1 cm.⁴³ Patients with a nondiagnostic biopsy result should be followed closely, and subsequent additional imaging and/or biopsy is recommended if a change in nodule size is observed. The guidelines emphasize that a growing mass with a negative biopsy does not rule out HCC. Continual monitoring with a multidisciplinary review including surgeons is recommended since definitive resection may be considered.

Initial Workup

The foundation of initial workup for patients with suspected HCC is a multidisciplinary evaluation including investigations of the etiologic origin of liver disease, a hepatitis panel for detection of hepatitis B and/or C viral infection (ie, HBsAg, hepatitis B surface antibody, hepatitis B core antibody [HBcAb], HBcAb IgM [recommended only in patients with acute viral hepatitis], and HCV antibodies), an assessment of the presence of comorbidity, imaging studies to detect the presence of metastatic disease, and an evaluation of hepatic function, including a determination of whether portal hypertension is present. The guidelines recommend confirmation of viral load in patients who test positive for HBsAg, HBcAb IgG (since an isolated HBcAb IgG may still indicate chronic HBV infection), and HCV antibodies. If viral load is positive, patients should be evaluated by a hepatologist for consideration of antiviral therapy.^{44,144}

Common sites of HCC metastasis include the lung, adrenal glands, peritoneum, and bone.^{145,146} Hence, routine chest CT is recommended since lung metastases are typically asymptomatic. Bone scan and/or additional bone imaging may be considered as clinically indicated if suspicious bone pain is present or cross-sectional imaging raises the possibility of bone metastases.¹⁴⁷ Multiphasic contrast-enhanced CT or MRI of the abdomen, CT of the chest, and CT/MRI of the pelvis are also used in the evaluation of the HCC tumor burden to detect the presence of

metastatic disease, nodal disease, and vascular invasion; to assess whether evidence of portal hypertension is present; to provide an estimate of the size and location of HCC and the extent of chronic liver disease; and, in the case of patients being considered for resection, to provide an estimate of the future liver remnant (FLR).⁹⁸ Enlarged lymph nodes are commonly seen in patients with viral hepatitis, primary biliary cirrhosis, and other underlying liver disorders that predispose patients to HCC.¹⁴⁸ Detection of nodal disease by cross-sectional imaging is non-specific and can be challenging in patients with hepatitis or chronic liver diseases.

Assessment of Liver Function

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An initial assessment of hepatic function involves liver function testing including measurement of serum levels of bilirubin, aspartate aminotransferase (AST), alanine transaminase (ALT), alkaline phosphatase (ALP), measurement of prothrombin time (PT) expressed as international normalized ratio (INR), albumin, and platelet count (surrogate for portal hypertension). Other recommended tests include complete blood count (CBC), blood urea nitrogen (BUN), and creatinine to assess kidney function; creatinine is also an established prognostic marker in patients with liver disease.¹⁴⁹ Further assessment of hepatic functional reserve prior to hepatic resection in patients with cirrhosis may be performed with different tools such as US and MRI elastography (which may provide and quantify the degree of cirrhosis-related fibrosis), non-focal liver biopsy, and transjugular liver biopsy with pressure measurements.

The Child-Pugh (C-P) classification has been traditionally used for the assessment of hepatic functional reserve in patients with cirrhosis.^{150,151} The C-P score incorporates laboratory measurements (ie, serum albumin, bilirubin, PT) as well as more subjective clinical assessments of encephalopathy and ascites. It provides a general estimate of the liver function by classifying patients as having compensated (class A) or decompensated (classes B and C) cirrhosis. Advantages of the C-P score include ease of performance (ie, can be done at the bedside) and the inclusion of clinical parameters.

An important additional assessment of liver function not included in the C-P score is an evaluation of signs of clinically significant portal hypertension (ie, esophagogastric varices, splenomegaly, splenorenal shunts and recanalization of the umbilical vein, thrombocytopenia). Evidence of portal hypertension may be evident on CT/MRI.^{98 150-153} Esophageal varices may be evaluated using esophagogastroduodenoscopy or contrast-enhanced cross-sectional imaging.

Model for End-Stage Liver Disease (MELD) is another system for the evaluation of hepatic reserve. MELD is a numerical scale ranging from 6 (less ill) to 40 (gravely ill) for individuals ≥12 years. It is derived using three laboratory values (serum bilirubin, creatinine, and INR) and was originally devised to provide an assessment of mortality for patients undergoing transjugular intrahepatic portosystemic shunts.^{154,155} The MELD score has since been adopted by the United Network for Organ Sharing (UNOS; www.unos.org) to stratify patients on the liver transplantation waiting list according to their risk of death within 3 months.¹⁵⁶ The MELD score has sometimes been used in place of the C-P score to assess prognosis in patients with cirrhosis. Advantages of the MELD score include the inclusion of a measurement of renal function and an objective scoring system based on widely available laboratory tests, although clinical assessments of ascites and encephalopathy are not included. It is currently unclear whether the MELD score is superior to the C-P score as a predictor of survival in patients with liver cirrhosis. The MELD score has not been validated as a predictor of survival in patients with cirrhosis who are not on a liver transplantation waiting list.¹⁵⁷ While the MELD model is used to stratify organ access for transplantation, it also favors patients with renal dysfunction. Serum creatinine, an important component of the MELD score,

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can be an unreliable marker of renal dysfunction, especially in patients with cirrhosis.¹⁵⁸

Staging

Albumin and bilirubin are objectively measured, while ascites and encephalopathy, other scoring parameters used to calculate the C-P score, are subjective. Therefore, another alternative to the C-P score is the Albumin-Bilirubin (ALBI) grade,¹⁵⁹ a model proposed by Johnson et al that takes into account only serum bilirubin and albumin levels.¹⁶⁰ It has been shown to be especially helpful in predicting the survival outcome of patients with stable decompensated cirrhosis.^{161,162} An analysis of almost 6000 patients from Europe, the United States, Japan, and China showed that the ALBI grade, which stratifies patients into three risk categories, performs as well as the C-P score.¹⁶⁰ Further, patients scored as C-P grade A were categorized into either ALBI grade 1 or 2.

The indocyanine green (ICG) clearance test is extensively used in Asia for the assessment of liver function prior to hepatic resection in patients with cirrhosis.¹⁶³ ¹⁶⁴The Japanese evidence-based clinical guidelines for HCC recommend the ICG retention rate at 15 minutes (ICGR-15) after intravenous injection for the assessment of liver function prior to surgery.¹⁶⁵ However, this test is not widely used in Western countries.

Pathology and Staging

Pathology

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Three gross morphologic types of HCC have been identified: nodular, massive, and diffuse. Nodular HCC is often associated with cirrhosis and is characterized by well-circumscribed nodules. The massive type of HCC, usually associated with a non-cirrhotic liver, occupies a large area with or without satellite nodules in the surrounding liver. The less common diffuse type is characterized by diffuse hepatic involvement with many small indistinct tumor nodules throughout the liver. Clinical staging systems for the patient with cancer can provide a more accurate prognostic assessment before and after a particular treatment intervention, and they may be used to guide treatment decision-making including enrollment in clinical trials. Therefore, staging can have a critical impact on treatment outcome by facilitating appropriate patient selection for specific therapeutic interventions, and by providing risk stratification information following treatment. The key factors affecting prognosis in patients with HCC are the clinical stage, growth rate of the tumor, the general health of the patient, the liver function of the patient, and the treatments administered.¹⁶⁶ Many staging systems for patients with HCC have been devised.^{167,168} Each of the staging systems includes variables that evaluate one or more of the factors listed above. For example, the C-P¹⁶⁹ and MELD scores¹⁵⁴ can be considered to be staging systems that evaluate aspects of liver function.

The AJCC staging system provides information on the pathologic characteristics of resected specimens only,¹⁷⁰ whereas the Okuda system incorporates aspects of liver function and tumor characteristics.¹⁷¹ The French classification (GRETCH) system incorporates the Karnofsky performance score as well as measurements of liver function and serum AFP.¹⁷² Several staging systems include all parameters from other staging systems as well as additional parameters. For example, the Chinese University Prognostic Index (CUPI) system¹⁷³ and the Japanese Integrated Staging (JIS)¹⁷⁴ scores incorporate the TNM staging system, and the Cancer of the Liver Italian Program (CLIP),¹⁷⁵ Barcelona Clinic Liver Cancer (BCLC),¹⁷⁶ SLiDe (stage, liver damage, DCP),¹⁷⁷ and JIS systems include the C-P score (with modified versions of CLIP and JIS substituting the MELD score for the C-P score).¹⁷⁸⁻¹⁸⁰ In addition, the BCLC system also incorporates the Okuda system, as well as other tumor characteristics, measurements of liver function, and patient performance status.¹⁸¹

Although some of these systems have been found to be applicable for all stages of HCC (eg, BCLC),^{43,181,182} limitations of all of these systems have been identified. For example, the AJCC staging system has limited usefulness since most patients with HCC do not undergo surgery. An analysis from the SEER database (1998-2013) questioned the AJCC definition of T2 disease (solitary tumor >2 cm with vascular invasion; multiple tumors <5 cm).¹⁸³ Specifically, survival was significantly different for patients with solitary tumors >2 cm than multifocal tumors <5 cm (P < .001), and, for patients with multifocal tumors <5 cm, survival was significantly associated with vascular invasion (P < .001). A number of studies have shown that particular staging systems perform well for specific patient populations likely related to differing etiologies. Furthermore, staging systems may be used to direct treatment and/or to predict survival outcomes following a particular type of therapeutic intervention. For example, the AJCC staging system has been shown to accurately predict survival for patients who underwent orthotopic liver transplantation.¹⁸⁴ The CLIP, CUPI, and GRETCH staging systems have been shown to perform well in predicting survival in patients with advanced disease.¹⁸⁵

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The CLIP system has been specifically identified as being useful for staging patients who underwent transarterial chemoembolization (TACE) and those treated in a palliative setting.^{186,187} The utility of the BCLC staging system with respect to stratifying patients with HCC according to the natural history of the disease has been demonstrated in a meta-analysis of untreated patients with HCC enrolled in RCTs.¹⁸⁸ In addition, an advantage of the BCLC system is that it attempts to stratify patients into treatment groups, although the type of treatment is not included as a staging variable.¹⁶⁸ Furthermore, the BCLC staging system was shown to be very useful for predicting outcome in patients following liver transplantation or radiofrequency ablation (RFA).^{189,190} In a multicenter cohort study of 1328 patients with HCC eligible for liver transplantation, survival benefit for liver transplantation was seen in patients with advanced liver cirrhosis and in

those with intermediate tumors (BCLC stage D and stages B–C, respectively), regardless of the number and size of the lesions, provided there was no macroscopic vascular invasion and extrahepatic disease. However, treatment recommendations may vary.

A novel staging system based on a nomogram of particular clinicopathologic variables, including patient age, tumor size and margin status, postoperative blood loss, the presence of satellite lesions and vascular invasion, and serum AFP level, that was developed has been shown to perform well in predicting postoperative outcome for patients undergoing liver resection for HCC.¹⁹¹ In addition, another study showed tumor size >2 cm, multifocal tumors, and vascular invasion to be independent predictors of poor survival in patients with early HCC following liver resection or liver transplantation.¹⁹² This staging system has been retrospectively validated in a population of patients with early HCC.¹⁹³

Due to the unique characteristics of HCC that vary with geographic region and etiology, many of the existing staging systems are specific to the region in which they are developed and there is no universally accepted staging system that could be used across all institutions in different countries. The BCLC and the Hong Kong Liver Cancer staging systems are amongst the most widely used. Although no particular staging system (with the exception of the C-P score and TNM staging system) is currently used in these guidelines, following an initial workup, patients are stratified into one of the following four categories:

- Potentially resectable or transplantable, operable by performance status or comorbidity
- Unresectable disease
- Liver-confined disease, inoperable by performance status, comorbidity, or with minimal or uncertain extrahepatic disease
- Metastatic disease or extensive liver tumor burden

Treatment Options

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All patients with HCC should be carefully evaluated by an experienced multidisciplinary team for the many available treatment options. It is important to reiterate that the management of HCC is complicated by the presence of underlying liver disease. Furthermore, different etiologies of HCC and their effects on the host liver may impact treatment response and outcome. These complexities make treatment decisions in patients with HCC challenging and are the reason for multidisciplinary care with the involvement of hepatologists, diagnostic radiologists, interventional radiologists, surgeons, medical oncologists, and pathologists with hepatobiliary cancer expertise, thereby requiring careful coordination of care.⁴³ Given the comorbidities associated with this disease, patients need careful consideration of treatment choice given the risk of potential toxicities from treatment and potential benefits.

Surgery

Partial hepatectomy is a potentially curative therapy for patients with a solitary tumor of any size with no evidence of gross vascular invasion.¹⁹⁴ Partial hepatectomy for well-selected patients with HCC can now be performed with low operative morbidity and mortality (\leq 5%).^{195,196} Results of large retrospective studies have shown 5-year survival rates of >50% for patients undergoing liver resection for HCC,¹⁹⁶⁻¹⁹⁸ and some studies suggest that for selected patients with preserved liver function and early-stage HCC, liver resection is associated with a 5-year survival rate of approximately 70%.¹⁹⁸⁻²⁰⁰ However, recurrence rates at 5 years following liver resection have been reported to exceed 70%.^{181,197} Select patients with initially unresectable disease that respond to therapy can be considered for surgery. Consultation with a medical oncologist, interventional radiologist, and a multidisciplinary team is recommended to determine the timing of surgery after systemic therapy.

Since liver resection for patients with HCC includes removal of functional liver parenchyma in the setting of underlying liver disease, careful patient selection, based on patient characteristics as well as characteristics of the liver and the tumor(s), is essential. Assessments of patient performance status must be considered; the presence of comorbidity has been shown to be an independent predictor of perioperative mortality.²⁰¹ Likewise, estimates of overall liver function and the size and function of the putative FLR, as well as technical considerations related to tumor and liver anatomy, must be taken into account before a patient is determined to have potentially resectable disease. Univariate analyses from a database study including 141 patients with HCC and liver cirrhosis who underwent resection at a German hospital showed that patient age >70 years (P < .05), Clavien grade of complications (P < .001), positive lymph vessels (P < .001), mechanical ventilation (P < .001), and body mass index (BMI) (P < .05) were significantly associated with survival.²⁰²

Resection is recommended only in the setting of preserved liver function. The C-P score provides an estimate of liver function, although it has been suggested that it is more useful as a tool to rule out patients for liver resection (ie, serving as a means to identify patients with substantially decompensated liver disease).²⁰³ An evaluation of the presence of significant portal hypertension is also an important part of the surgical assessment. A meta-analysis including 11 studies showed that clinically significant portal hypertension is associated with increased 3- and 5-year mortality (pooled odds ratio [OR], 2.09; 95% CI, 1.52-2.88 for 3-year mortality; pooled OR, 2.07; 95% CI, 1.51-2.84 for 5-year mortality), as well as postoperative clinical decompensation (pooled OR, 3.04; 95% CI, 2.02-4.59).²⁰⁴ In general, evidence of optimal liver function in the setting of liver resection is characterized by a C-P Class A score and absence of portal hypertension. However, in highly selected cases, limited liver resection is an option for patients with a C-P Class B score, particularly if liver function tests are normal and clinical signs of portal hypertension are absent.

Further, limited resection may be feasible in cases where portal hypertension is mild. A prospective observational study of 223 cirrhotic patients with HCC showed that, though portal hypertension was significantly associated with liver-related morbidity following resection, it was only associated with worse survival when there was biochemical evidence of liver decompensation. A multivariate analysis showed that albumin, but not portal hypertension, was significantly associated with survival following resection.²⁰⁵

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With respect to tumor characteristics and estimates of the FLR following resection, preoperative imaging is essential for surgical planning.⁹⁸ CT/MRI can be used to facilitate characterization of the number and size of the HCC lesions in order to detect the presence of satellite nodules, extrahepatic metastasis, and tumor invasion of the portal vein or the hepatic veins/inferior vena cava, and to help establish the location of the tumors with respect to vascular and biliary structures.

Optimal tumor characteristics for liver resection are solitary tumors without major vascular invasion. Although no limitation on the size of the tumor is specified for liver resection, the risk of vascular invasion and dissemination increases with size.^{195,206} However, in one study no evidence of vascular invasion was seen in approximately one-third of patients with single HCC tumors ≥10 cm.¹⁹⁵ Nevertheless, the presence of macro- or microscopic vascular invasion is a strong predictor of HCC recurrence.^{195,207,208} The role of liver resection for patients with limited and resectable multifocal disease and/or signs of major vascular invasion is controversial, as the recurrence rates are extremely high.^{194,207,209} A systematic review including 23 studies with 2412 patients showed that predicted 5-year OS and DFS rates for patients with multinodular disease who underwent resection were 35% and 22%, respectively.²¹⁰ The authors also examined survival rates of patients with macrovascular invasion who underwent resection (29 studies with 3659 patients). The 5-year predicted OS and DFS rates were 20% and

16%, respectively. Results of a retrospective analysis showed a 5-year OS rate of 81% for selected patients with a single tumor \leq 5 cm, or 3 or fewer tumors \leq 3 cm undergoing liver resection.²¹¹

Another critical preoperative assessment includes evaluation of the postoperative FLR volume, which serves as an indicator of postoperative liver function. Cross-sectional imaging is used to measure the FLR and total liver volume. The ratio of future remnant/total liver volume (subtracting tumor volume) is then determined.²¹² The panel recommends that this ratio be at least 20% in patients without cirrhosis and at least 30% to 40% in patients with chronic liver disease and a C-P A score.^{213,214} For patients with an estimated FLR/total liver volume ratio below recommended values who are otherwise suitable candidates for liver resection, preoperative portal vein embolization (PVE) should be considered. PVE is a safe and effective procedure for redirecting blood flow toward the portion of the liver that will remain following surgery.²¹⁵ Hypertrophy is induced in these segments of the liver while the embolized portion of the liver undergoes atrophy.²¹⁶ There are some investigational methods focused on improving FLR growth, such as lobar Y90 or PVE combined with hepatic vein embolization or with arterial embolization.²¹⁷ The estimated future liver remnant function (eFLRF), which accounts for individual differences in body surface area, can also be calculated.²¹⁸ A comparison of the two methods showed that the eFLRF deviated from the FLR by ≥5% in 32% of 116 patients enrolled.219

In one analysis, Roayaie et al categorized 8656 patients with HCC from Asia, Europe, and North America into one of four groups: 1) met standard criteria for resection and underwent resection (n = 718); 2) met standard criteria for resection but did not undergo resection (n = 144); 3) did not meet standard criteria for resection but underwent resection (n = 1624); and 4) did not meet standard criteria for resection and did not undergo resection (n = 6170).²²⁰ For patients who met criteria for resection

(including those who did not actually undergo resection), receiving a treatment other than resection was associated with an increased risk of mortality (hazard ratio [HR], 2.07; 95% CI, 1.35–3.17; P < .001). For patients who did not meet criteria for resection (including those who underwent resection), resection was associated with greater survival, relative to embolization (HR, 1.43; 95% CI, 1.27–1.61; P < .001) and other treatments (eg, yttrium-90 [Y-90] radioembolization, external beam radiation therapy [EBRT], systemic therapy) (HR, 1.78; 95% CI, 1.36–2.34; P < .001). However, survival rates for resection in these patients were worse than those for ablation (HR, 0.85; 95% CI, 0.74–0.98; P = .022) and transplantation (HR, 0.20; 95% CI, 0.14–0.27; P < .001). Despite the fact that these study results are powerfully influenced by selection bias, the study investigators suggest that criteria for resection could potentially be expanded, since patients who are not considered candidates for resection based on current criteria may still benefit.

Postoperative Adjuvant Therapy

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The phase III STORM trial examined sorafenib, an antiangiogenic agent approved for treating unresectable HCC, for use in the adjuvant setting for patients who underwent hepatic resection or ablation with curative intent. This international trial accrued 1114 patients, 62% of whom were Asian.²²¹ Patients were randomized to receive sorafenib (800 mg daily) or placebo until progression or for a maximum duration of 4 years. Treatmentemergent adverse events were high in both study groups, and sorafenib was not well tolerated at the intended study dose (median dose achieved was 578 mg daily [72.3% of the intended dose]). No significant betweengroup differences were observed in OS, recurrence-free survival (RFS), and time to recurrence. The panel does not recommend sorafenib as adjuvant therapy.

A study of 200 patients with microvascular invasion-HCC (MVI-HCC) found that adjuvant TACE after resection led to significantly higher OS (P = .03),

especially in patients with tumor diameter >5 cm or multinodular tumors.²²² DFS was also improved in these patients. A meta-analysis of 12 studies and 2190 patients found similar results. However, more studies are needed to validate these findings.²²³

Historically, postoperative prognosis for patients with HBV-related HCC has been poor. In a two-stage longitudinal study that enrolled 780 patients with HBV infection and HCC, viral load above 10,000 copies per milliliter was correlated with poor outcomes.²²⁴ Adjuvant antiviral therapy in a postoperative setting may improve outcomes. In a randomized trial including 163 patients, antiviral therapy with lamivudine, adefovir, dipivoxil, or entecavir significantly decreased HCC recurrence (HR, 0.48; 95% CI, 0.32–0.70) and HCC-related death (HR, 0.26; 95% CI, 0.14–0.50), and improved liver function at 6 months after surgery (*P* = .001).²²⁴ In another RCT including 200 patients who received R0 resection for HBV-related HCC, adefovir improved RFS (*P* = .026) and OS (*P* = .001), relative to those who did not receive adefovir.²²⁵ The RR of mortality with adefovir after resection was 0.42 (95% CI, 0.27–0.65; *P* < .001), and results indicated that antiviral therapy may protect against late tumor recurrence (HR, 0.35; 95% CI, 0.18–0.69; *P* = .002).

With the recent availability of newer potent antiviral therapies for chronic hepatitis C viral infection, similar trials are anticipated. Two meta-analyses showed that antiviral therapy for HBV or HCV after curative HCC treatment may improve outcomes including survival.^{226,227} A recent meta-analysis including 10 studies with 1794 patients with HCV showed that sustained viral response is associated with improved OS (HR, 0.18; 95% CI, 0.11– 0.29) and better RFS (HR, 0.50; 95% CI, 0.40–0.63) following resection or locoregional therapy for HCC.²²⁸ There is some concern that the rising use of DAAs might increase HCC recurrence or progression following treatment.²²⁹⁻²³¹ This is an area of controversy, and well-designed trials are needed to determine the mechanism through which HCC incidence

increases.^{229,230} The panel recommends that providers discuss the potential use of antiviral therapy for carriers of hepatitis with a hepatologist to individualize postoperative therapy.

A meta-analysis including five studies (two RCTs and three case-control studies) with 334 patients showed that iodine-131 lipiodol injected into the hepatic artery following resection may improve DFS (Peto OR, 0.47; 95% CI, 0.37–0.59) and OS (Peto OR, 0.50; 95% CI, 0.39–0.64).²³² However, more randomized studies with long follow-up are needed to determine the benefit of this treatment in patients with resected HCC.

Immunotherapy, or using the immune system to treat cancer, is beginning to be investigated as adjuvant HCC treatment. A systematic review of adjuvant treatment options for HCC including 14 studies (two immunotherapy studies with 277 patients) showed that immunotherapy may prevent recurrence in resected HCC.²³³ In a Korean phase III randomized trial, the efficacy and safety of activated cytokine-induced killer cells was examined as adjuvant immunotherapy for HCC.²³⁴ Patients (N = 230) who received the adjuvant immunotherapy had greater RFS relative to patients in the control group (HR, 0.63; 95% CI, 0.43–0.94; P = .01). Data are currently too preliminary for the panel to provide specific recommendations regarding immunotherapy treatment in an adjuvant setting.

Liver Transplantation

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Liver transplantation is a potentially curative therapeutic option for patients with early HCC. It is especially appealing since it removes both detectable and undetectable tumor lesions, treats underlying liver cirrhosis, and avoids surgical complications associated with a small FLR. However, there is also a risk of potential complications such as early mortality and issues related to chronic immunosuppression.²³⁵ In a landmark study published in 1996, Mazzaferro et al proposed the Milan criteria (single tumors ≤5 cm in

diameter or no more than three nodules ≤3 cm in diameter in patients with multiple tumors and no macrovascular invasion) for patients with unresectable HCC and cirrhosis.²³⁶ The 4-year OS and RFS rates were 85% and 92%, respectively, when liver transplantation was restricted to a subgroup of patients meeting the Milan selection criteria. These results have been supported by studies in which patient selection for liver transplantation was based on these criteria.²³⁷ These selection criteria were adopted by UNOS, because they identify a subgroup of patients with HCC whose liver transplantation results are similar to those who underwent liver transplantation for end-stage cirrhosis without HCC.

The UNOS criteria (radiologic evidence of a single lesion ≥ 2 cm and ≤ 5 cm in diameter, or 2–3 lesions \geq 1 cm and \leq 3 cm in diameter, and no evidence of macrovascular involvement or extrahepatic disease) specify that patients eligible for liver transplantation should not be candidates for liver resection.²³⁸ Therefore, liver transplantation has been generally considered to be the initial treatment of choice for well-selected patients with early-stage HCC and moderate-to-severe cirrhosis (ie, patients with C-P Class B and C scores), with partial hepatectomy generally accepted as the best option for the first-line treatment of patients with early-stage HCC and C-P Class A scores when tumor location is amenable to resection. Retrospective studies have reported similar survival rates for hepatic resection and liver transplantation in patients with early-stage HCC when accounting for the fallout while on waiting lists for transplantation.^{198,239-242} However, there are no prospective randomized studies that have compared the effectiveness of liver resection and liver transplantation for this group of patients.

The MELD score as a measure of liver function is also used as a measure of pre-transplant mortality.¹⁵⁴ The MELD score was adopted by UNOS in 2002 to provide an estimate of risk of death within 3 months for patients on the waiting list for cadaveric liver transplant. MELD score is also used by

UNOS to assess the severity of liver disease and prioritize the allocation of the liver transplants. According to the current Organ Procurement and Transplantation Network (OPTN) policy, patients with AFP levels ≤1000 ng/mL and with T2 tumors are eligible for a standardized MELD exception.²⁴³ In a retrospective analysis of data provided by UNOS of 15,906 patients undergoing first-time liver transplantation during 1997 to 2002 and 19,404 patients undergoing the procedure during 2002 to 2007, 4.6% of liver transplant recipients had HCC compared with 26% in 2002 to 2007, with most patients in the latter group receiving an "HCC MELD exception."244 From 2002 to 2007, patients with an "HCC MELD-exception" had similar survival to patients without HCC. Important predictors of poor post-transplantation survival for patients with HCC were a MELD score of \geq 20 and serum AFP level of \geq 455 ng/mL,²⁴⁴ although the reliability of the MELD score as a measure of post-transplantation mortality is controversial. Survival was also significantly lower for the subgroup of patients with HCC tumors between 3 and 5 cm.

NCCN

Expansion of the Milan/UNOS criteria to provide patients who have marginally larger HCC tumors with liver transplant eligibility is an active area of debate, with exceptional cases frequently prompting analysis and revisions.^{181,237,245,246} An expanded set of criteria including patients with a single HCC tumor ≤6.5 cm, with a maximum of 3 total tumors with no tumor larger than 4.5 cm (and cumulative tumor size <8 cm) as liver transplant candidates has been proposed by Yao et al at the University of California at San Francisco (UCSF).^{247,248} Studies evaluating the post-transplantation survival of patients who exceed the Milan criteria but meet the UCSF criteria show wide variation in 5-year survival rates (range of 38%–93%).^{245-^{247,249-251} An argument in favor of expanding the Milan/UNOS criteria includes the general recognition that many patients with HCC tumors exceeding the Milan criteria can be cured by liver transplant. Opponents of an expansion of the Milan/UNOS criteria cite the increased risk of vascular invasion and tumor recurrence associated with larger tumors and higher}

HCC stage, the shortage of donor organs, and taking organs away from patients with liver failure who do not have HCC.^{237,245,249} Some support for the former objection comes from a large retrospective analysis of the UNOS database showing significantly lower survival for the subgroup of patients with tumors between 3 and 5 cm compared with those who had smaller tumors.²⁴⁴

There is a risk of tumor recurrence following liver transplantation. A group from France argued that the Milan criteria may be overly restrictive and thus developed a predictive model of HCC recurrence that combines AFP value with tumor size and number.²⁵² Analyses from samples of patients from France and Italy who underwent liver transplantation showed that this AFP model predicted an increase in 5-year risk of recurrence and decreased survival.^{252,253} The panel does not provide specific recommendations regarding whether or not AFP should be considered a transplant criterion, and this may depend on local practice. Another analysis of patients who underwent liver transplantation (*N* = 1061) showed that MVI, AFP at time of transplant, and sum of the largest diameter of viable tumor plus number of viable tumors on explant were associated with HCC recurrence.²⁵⁴

Resection or liver transplantation can be considered for patients with C-P Class A liver function who meet UNOS criteria (<u>www.unos.org/</u>) and are resectable. Controversy exists over which initial strategy is preferable to treat such patients. The guidelines recommend that these patients be evaluated by a multidisciplinary team when deciding an optimal treatment approach. The OPTN has proposed imaging criteria for patients with HCC who may be candidates for transplant.¹³⁵ Specifically, they propose a classification system for nodules identified by well-defined imaging from contrast-enhanced CT or MRI. OPTN also provides guidance on equipment specifications and use of a standardized protocol. While the panel does not have a recommendation regarding liver transplantation in older adults with

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Cancer Network [®]	Hepatocellular Carcinoma

HCC, some centers report transplant in highly selected patients >70 years.^{255,256} A systematic review of 50 studies with 4169 elderly patients and 13,158 young patients with HCC found that while old age increased the risk of mortality after resection (3.0% vs. 1.2%), the 5-year OS was only marginally lower (51% vs. 56%).²⁵⁷

Bridge Therapy

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Bridge therapy is used to decrease tumor progression and the dropout rate from the liver transplantation waiting list.²⁵⁸ It is also an effective way to help select the best patients for transplant and is recommended for patients who meet the transplant criteria. An analysis including 205 patients from a transplant center registry who had HCC showed that bridging locoregional therapy was associated with survival following transplant (P = .005).²⁵⁹ A number of studies have investigated the role of locoregional therapies as a bridge to liver transplantation in patients on a waiting list.^{260,261} These studies included RFA/microwave ablation (MWA);²⁶²⁻²⁶⁵ transarterial embolization (TAE);^{266,267} TACE,^{264,268} including conventional TACE^{264,269,270} and TACE with drug-eluting beads (DEB-TACE);²⁷¹ selective internal radiotherapy (SIRT) or radioembolization (TARE) with Y-90 microspheres;²⁷² EBRT;²⁷³ and TACE followed by EBRT,²⁷⁴ as "bridge" therapies.

A recent meta-analysis showed that bridge therapy did not significantly impact post-transplantation mortality, survival, and recurrence rates, compared to transplant alone.²⁷⁵ The small size and retrospective methodology of studies in this area, as well as the heterogeneous nature of the study populations, and the absence of RCTs evaluating the utility of bridge therapy for reducing the liver transplantation waiting list drop-out rate, limit the conclusions that can be drawn.²⁷⁵⁻²⁷⁷ Nevertheless, the use of bridge therapy in this setting is increasing, and it is administered at most NCCN Member Institutions, especially in areas where there are long wait times for a transplant.

Downstaging Therapy

Downstaging therapy is used to reduce the tumor burden in selected patients with more advanced HCC (without distant metastasis) who are beyond the accepted transplant criteria with the goal of future transplant.^{258,278,279} A meta-analysis including three studies showed that downstaging therapy was associated with increased 1- (RR, 1.11; 95% CI, 1.01-1.23) and 5-year survival (RR, 1.17; 95% CI, 1.03-1.32) posttransplant, compared to transplant alone.²⁷⁵ Downstaging therapy did not significantly increase RFS. However, the three studies included in these analyses were heterogeneous and biased by the fact that outcomes were measured in patients who responded well to therapy. A systematic review including 13 studies with 950 patients showed that downstaging decreased tumor burden to within Milan criteria (pooled success rate of 0.48; 95% Cl, 0.39-0.58), with recurrence rates after transplantation at 16% (95% CI, 0.11–0.23).²⁸⁰ In a multicenter study, patients with HCC beyond the Milan criteria who received locoregional therapy for downstaging had an OS of 64.3% and an RFS of 59.5% at 5 years post-transplant compared to 71.3% and 68.2%, respectively, in patients with HCC within the Milan criteria.²⁸¹ The OS and PFS were 60.2% and 53.8%, respectively, in patients who did not receive downstaging therapy. Additionally, compared to these patients, those who did receive downstaging therapy had an improved RFS (60% vs. 54%; P = .043) and a decreased rate of HCC recurrence (18% vs. 32%; P < .001). Candidates are eligible for a standardized MELD exception if, before completing locoregional therapy, they have lesions that meet one of the following: 1) one lesion >5 cm and ≤ 8 cm; 2) two or three lesions that meet all of the following: each lesion ≤ 5 cm, with at least one lesion >3 cm and a total diameter of all lesions ≤ 8 cm; and 3) four or five lesions each < 3cm, and a total diameter of all lesions ≤8 cm.²⁴³ The UCSF criteria can be used as the current limit for consideration of downstaging and potential candidates for this therapy should be assessed by a transplant center.

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Prospective studies have demonstrated that downstaging (prior to transplant) with percutaneous ethanol injection (PEI),²⁸² RFA,^{282,283} TACE, 282-286 TARE with Y-90 microspheres, 285 and transarterial chemoinfusion²⁸⁷ is associated with improved outcomes such as DFS and recurrence following transplant. However, such studies have used different selection criteria for the downstaging therapy and different transplant criteria after successful downstaging. In some studies, response to locoregional therapy has been associated with good outcomes after transplantation.²⁸⁸⁻²⁹⁰ In a phase IIb/III randomized trial, patients underwent downstaging with locoregional, surgical, or systemic therapies. Liver transplantation was then performed in one group.²⁹¹ The results showed that transplantation improved the 5-year tumor-free survival (77% vs. 18%) and the 5-year OS (78% vs. 31%) compared to non-transplantation. Another study demonstrated survival and recurrence rates of 52.1% and 20.6%, respectively, at 10 years post transplant, in patients who underwent downstaging therapy.²⁹² These rates were 61.5% and 13.3%, respectively, in patients with disease that was within the Milan criteria, and 43.3% and 41.1%, respectively, in patients who did not undergo downstaging therapy. Further validation is needed to define the endpoints for successful downstaging prior to transplant.²⁷⁹

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The NCCN Guidelines recommend that patients with disease meeting the UNOS criteria be considered for transplantation using either cadaveric or living donation. Patients with tumor characteristics that are marginally outside of the UNOS guidelines may be considered for transplantation at select institutions. For patients with initial tumor characteristics beyond the Milan criteria who have undergone successful downstaging therapy (ie, tumor currently meeting Milan criteria), transplantation can also be considered.

Locoregional Therapies

Locoregional therapies are directed toward inducing selective tumor necrosis, and are broadly classified into ablation, arterially directed therapies, and radiation therapy (RT). Tumor necrosis induced by locoregional therapy is typically estimated by the extent to which contrast uptake on dynamic CT/MRI is diminished at a specified time following the treatment when compared with pretreatment imaging findings. The absence of contrast uptake within the treated tumor is believed to be an indication of tumor necrosis. A number of factors are involved in measuring the effectiveness of locoregional therapies, and the criteria for evaluating tumor response are evolving.^{166,293-296} A few studies have shown that the use of modified RECIST (mRECIST) is more suitable than RECIST.^{297,298} AFP response after locoregional therapy has also been reported to be a reliable predictor of tumor response, time to progression (TTP), PFS, and OS.²⁹⁹

Ablation

In an ablative procedure, tumor necrosis can be induced either by thermal ablation (RFA or MWA) or cryoablation. Ablative procedures can be performed by percutaneous, laparoscopic, or open approaches. RFA and MWA have largely replaced PEI, although PEI is used in select patients.

The safety and efficacy of RFA and PEI in the treatment of patients with C-P Class A early-stage HCC tumors (either a single tumor ≤ 5 cm or multiple tumors [up to 3 tumors] each ≤ 3 cm) has been compared in a number of RCTs.³⁰⁰⁻³⁰⁷ Both RFA and PEI were associated with relatively low complication rates. RFA was shown to be superior to PEI with respect to complete response (CR) rate (65.7% vs. 36.2%, respectively; P = .0005)³⁰⁵ and local recurrence rate (3-year local recurrence rates were 14% and 34%, respectively; P = .012).³⁰³ Local tumor progression rates were also significantly lower for RFA than for PEI (4-year local tumor progression rates were 1.7% and 11%, respectively; P = .003).³⁰⁴

In addition, in two studies, patients in the RFA arm were shown to require fewer treatment sessions.^{301,304} However, an OS benefit for RFA over PEI was demonstrated in three randomized studies performed in Asia,³⁰²⁻³⁰⁴ whereas three European randomized studies failed to show a significant difference in the OS between the two treatment arms.^{301,305,306} In an Italian randomized trial of 143 patients with HCC, the 5-year survival rates were 68% and 70%, respectively, for PEI and RFA groups; the corresponding RFS rates were 12.8% and 11.7%, respectively.³⁰⁶ Nevertheless, independent meta-analyses of randomized trials that have compared RFA and PEI have concluded that RFA is superior to PEI with respect to OS and tumor response in patients with early-stage HCC, particularly for tumors larger than 2 cm.³⁰⁸⁻³¹⁰ Results of some long-term studies show survival rates with RFA.³¹¹⁻³¹⁴

The reported OS and recurrence rates vary widely across the studies for patients treated with RFA, which is most likely due to differences in the size and number of tumors and, perhaps more importantly, tumor biology and the extent of underlying liver function in the patient populations studied. In a multivariate analysis, C-P Class, tumor size, and tumor number were independent predictors of survival.³¹²⁻³¹⁴

RFA and PEI have also been compared with resection in randomized studies. In the only randomized study that compared PEI with resection in 76 patients without cirrhosis, with one or two tumors 3 cm or smaller, PEI was equally as effective as resection.³¹⁵ On the other hand, studies that have compared RFA and resection have failed to provide conclusive evidence (reviewed by Weis et al³⁰⁷). RFA and liver resection in the treatment of patients with HCC have been compared in randomized prospective studies.³¹⁶⁻³²⁰ The results of one randomized trial showed a significant survival benefit for resection over RFA in 235 patients with small HCC conforming to the Milan criteria.³¹⁷ The 5-year OS rates were 54.8%

and 75.6%, respectively, for the RFA group and resection. The corresponding RFS rates for the two groups were 28.7% and 51.3%, respectively. However, more patients in the resection group were lost to follow-up than the RFA group. Conversely, other randomized studies demonstrated that percutaneous local ablative therapy with RFA is as effective as resection for patients with early-stage disease (eg, small tumors).^{316,318-320} These studies failed to show statistically significant differences in OS and DFS between the two treatment groups. In addition, in one of the studies, tumor location was an independent risk factor associated with survival.³¹⁸ These studies, however, were limited by the small number of patients (180 patients and 168 patients, respectively) and the lack of a non-inferiority design. Nevertheless, results from these studies support ablation as an alternative to resection in patients with small (<3 cm), properly located tumors.

RFA has been compared to resection in some meta-analyses, which have shown that resection is generally associated with better survival outcomes than RFA³²¹⁻³²⁴ but is associated with more complications and morbidity from complications.^{321,323} One meta-analysis reported no significant difference in OS but determined that treatment with resection improved the RFS (when RCTs were analyzed) at 5 years (HR, 0.75; 95% CI, 0.62–0.92; P = .006).³²⁵ Subgroup analyses from one meta-analysis showed no significant differences in 1-year mortality and disease recurrence when including only studies with patients who had solitary or small tumors (>3 cm).³²² Another meta-analysis also found no significant difference in OS and 1-year DFS rates in patients with HCC that meets the Milan criteria.³²⁶ One meta-analysis comparing RFA to resection in recurrent HCC (including 6 retrospective comparative studies) showed that 3- and 5-year DFS rates were greater for resection, relative to RFA (OR, 2.25; 95% CI, 1.37-3.68; P = .001; OR, 3.70; 95% CI, 1.98–6.93; P < .001, respectively).³²⁷ Yang et al³²⁸ also reported a higher OS with resection compared to RFA in recurrent HCC (HR, 0.81; 95% CI, 0.68–0.95). The DFS rate was not significantly

different during the entire follow-up period (HR, 0.90; 95% CI 0.76–1.07) but was significantly higher at 2 to 5 years in patients who underwent resection.

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Subgroup analyses from some retrospective studies suggest that tumor size is a critical factor in determining the effectiveness of RFA or resection.^{262,263,326,329-332} Mazzaferro et al reported findings from a prospective study of 50 consecutive patients with liver cirrhosis undergoing RFA while awaiting liver transplantation (the rate of overall complete tumor necrosis was 55% [63% for tumors ≤3 cm and 29% for tumors ≥3 cm]).²⁶³ In a retrospective analysis, Vivarelli et al reported that OS and DFS were significantly higher with surgery compared to percutaneous RFA. The advantage of surgery was more evident for patients with C-P Class A single tumors >3 cm in diameter and the results were similar in 2 groups for patients with C-P Class B liver function.³³⁰ In another retrospective analysis of 40 patients with C-P Class A or B HCC treated with percutaneous ablative procedures, the overall rate of complete necrosis was 53%, which increased to 62% when considering only the subset of tumors <3 cm treated with RFA.²⁶² In a propensity case-matched study that compared liver resection and percutaneous ablative therapies in 478 patients with C-P A cirrhosis, survival was not different between resection and ablation for tumors that met the Milan criteria; however, resection was associated with significantly improved long-term survival for patients with single HCC tumors larger than 5 cm or multiple tumors (up to 3 tumors) larger than 3 cm.³³¹ Median survival for the resection group was 80 months and 83 months, respectively, compared to 21.5 months and 19 months, respectively, for patients treated with ablative procedures.

Some investigators consider RFA as the first-line treatment in highly selected patients with HCC tumors that are ≤ 2 cm in diameter in an accessible location and away from major vascular and biliary structures and adjacent organs.^{333,334} In one study, RFA as the initial treatment in 218

patients with a single HCC lesion ≤ 2.0 cm induced complete necrosis in 98% of patients (214 of 218 patients).³³³ After a median follow-up of 31 months, the sustained CR rate was 97% (212 of 218 patients). In a retrospective comparative study, Peng et al reported that percutaneous RFA was better than resection in terms of OS and RFS, especially for patients with central HCC tumors <2 cm.³³⁴ The 5-year OS rates in patients with central HCC tumors were 80% for RFA compared to 62% for resection (*P* = .02). The corresponding RFS rates were 67% and 40%, respectively (*P* = .033).

MWA is an alternative to RFA for the treatment of patients with small or unresectable HCC.³³⁵⁻³³⁹ So far, only two randomized trials have compared MWA with resection and RFA.^{335,339} In the RCT that compared percutaneous RFA with microwave coagulation, no significant differences were observed between these two procedures in terms of therapeutic effects, complication rates, and the rates of residual foci of untreated disease.³³⁵ In a randomized study that evaluated the efficacy of MWA and resection in the treatment of HCC conforming to Milan criteria, MWA was associated with lower DFS rates than resection with no differences in OS rates.³³⁹

Irreversible electroporation (IRE) is an emerging modality for tumor ablation.³⁴⁰ It targets tumor tissue by delivering non-thermal high-voltage electric pulses. By doing so, it increases permeability of the cell membrane, disrupting cellular homeostasis and triggering apoptosis. IRE has some advantages over RFA, notably the lack of "heat sink" effect and the ability to treat near vessels, bile ducts, and other critical structures.^{341,342} However, IRE can cause cardiac arrhythmias and uncontrolled muscle contractions.³⁴³ Some small studies have shown that IRE treatment for unresectable HCC is safe and feasible.³⁴⁴⁻³⁴⁶ In a small nonrandomized trial including 30 patients with malignant liver tumors, none of the eight patients with HCC experienced a recurrence through 6-month follow-up.³⁴⁶

Recurrences have been reported following IRE for larger tumors.^{343,345} Larger studies are needed to determine the effectiveness of IRE for local HCC treatment.

Although inconclusive, available evidence suggests that the choice of ablative therapy for patients with early-stage HCC should be based on tumor size and location, underlying liver function, as well as available local radiologist expertise and experience. Ablative therapies are most effective for tumors <3 cm that are in an appropriate location away from other organs and major vessels/bile ducts, with the best outcomes in tumors <2 cm.

Arterially Directed Therapies

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Arterially directed therapy involves the selective catheter-based infusion of particles targeted to the arterial branch of the hepatic artery feeding the portion of the liver in which the tumor is located.³⁴⁷ Arterially directed therapy is made possible by the dual blood supply to the liver; whereas the majority of the blood supply to normal liver tissue comes from the portal vein, blood flow to liver tumors is mainly from the hepatic artery.⁹⁶ Furthermore, HCC tumors are hypervascular resulting from increased blood flow to tumor relative to normal liver tissue. Arterially directed therapies that are currently in use include TAE, conventional TACE, DEB-TACE, and SIRT/TARE with Y-90 microspheres.

The principle of TAE is to reduce or eliminate blood flow to the tumor, resulting in tumor ischemia followed by tumor necrosis. Gelatin sponge particles, polyvinyl alcohol particles, and polyacrylamide microspheres have been used to block arterial flow. TAE has been shown to be an effective treatment option for patients with unresectable HCC.³⁴⁸⁻³⁵¹ In a multicenter retrospective study of 476 patients with unresectable HCC, TAE was associated with prolonged survival compared to supportive care (*P* = .0002). The 1-, 2-, and 5-year survival rates were 60.2%, 39.3%, and 11.5%, respectively, for patients who underwent TAE. The corresponding

survival rates were 37.3%, 17.6%, and 2%, respectively, for patients who underwent supportive care.³⁴⁹ In a multivariate analysis, tumor size <5 cm and earlier CLIP stage were independent factors associated with a better survival. In another retrospective analysis of 322 patients undergoing TAE for the treatment of unresectable HCC in which a standardized technique (including small particles to cause terminal vessel blockade) was used, 1-, 2-, and 3-year OS rates of 66%, 46%, and 33%, respectively, were observed. The corresponding survival rates were 84%, 66%, and 51%, respectively, when only the subgroup of patients without extrahepatic spread or portal vein involvement was considered.³⁵⁰ In multivariate analysis, tumor size 5 cm or larger, 5 or more tumors, and extrahepatic disease were identified as predictors of poor prognosis following TAE.

TACE is distinguished from TAE in that, in addition to arterial blockade, the goal is to also deliver a highly concentrated dose of chemotherapy to tumor cells, prolong the contact time between the chemotherapeutic agents and the cancer cells, and minimize systemic toxicity of chemotherapy.³⁵² The results of two RCTs and one retrospective case-control study have shown a survival benefit for TACE compared with supportive care in patients with unresectable HCC.³⁵³⁻³⁵⁵ In one study that randomized patients with unresectable HCC to TACE or best supportive care, the actuarial survival was significantly better in the TACE group (1 year, 57%; 2 years, 31%; 3 years, 26%) than in the control group (1 year, 32%; 2 years, 11%; 3 years, 3%; P = .002).³⁵³ Although death from liver failure was more frequent in patients who received TACE, the liver function of the survivors was not significantly different between the two groups. In the other randomized study, which compared TAE and TACE with supportive care for patients with unresectable HCC, the 1- and 2-year survival rates were 82%; 63%, 75%, and 50%; and 63% and 27% for patients in the TACE, TAE, and supportive care arms, respectively.³⁵⁴ The majority of the patients in the study had liver function classified as C-P Class A, a performance status of 0, and a main tumor nodule size of about 5 cm. For the group of evaluable

patients receiving TACE or TAE, partial response (PR) and CR rates sustained for at least 6 months were observed in 35% (14/40) and 43% (16/37), respectively. However, this study was terminated early due to an obvious benefit associated with TACE. Although this study demonstrated that TACE was significantly more effective than supportive care (P = .009), there were insufficient patients in the TAE group to make any statement regarding its effectiveness compared to either TACE or supportive care. In a randomized trial, the effectiveness of TAE was compared to that of doxorubicin-based TACE in 101 patients with HCC.³⁵⁶ Study investigators did not find statistically significant differences in response, PFS, and OS between the two groups. Some institutions prefer the use of bland embolization using particles without chemotherapy.³⁵⁶

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A retrospective analysis of patients with advanced HCC who had undergone embolization in the past 10 years revealed that TACE (with doxorubicin plus mitomycin C) is significantly associated with prolonged PFS and TTP but not OS, as compared to TAE.³⁵⁷ In a multivariable analysis, the type of embolization and CLIP score were significant predictors of PFS and TTP, whereas CLIP score and AFP were independent predictors of OS.

Many of the clinical studies evaluating the effectiveness of TAE and/or TACE in the treatment of patients with HCC are confounded by use of a wide range of treatment strategies, including type of embolic particles, type of chemotherapy and type of emulsifying agent (for studies involving TACE), and number of treatment sessions. In a randomized trial, the effectiveness of TAE was compared to that of doxorubicin-based TACE in 101 patients with HCC.³⁵⁶ Study investigators did not find statistically significant differences in response, PFS, and OS between the two groups.

Complications common to TAE and TACE include non-target embolization, liver failure, pancreatitis, and cholecystitis. Additional complications following TACE include acute portal vein thrombosis (PVT), bone marrow

suppression, and pancreatitis (very rare), although the reported frequencies of serious adverse events vary across studies.^{76,358} Reported rates of treatment-related mortality for TAE and TACE are usually well under 5%.^{76,350,354,358} A transient post-embolization syndrome involving fever, abdominal pain, and intestinal ileus is relatively common in patients undergoing these procedures.^{76,358} A retrospective study from a single institution in Spain showed that PVT and liver function categorized as C-P Class C were significant predictors of poor prognosis in patients treated with TACE.³⁵⁹ However, TACE has since been shown to be safe and feasible in highly selected patients with HCC and PVT,³⁶⁰ and results of a meta-analysis (5 prospective studies with 600 patients) showed that TACE may improve survival in these patients, compared to patients who received control treatments.³⁶¹ Therefore, the panel considers TACE to be safe in highly selected patients who have limited tumor invasion of the portal vein. TACE is not recommended in those with liver function characterized as C-P Class C (absolute contraindication). Because TAE can increase the risk of liver failure, hepatic necrosis, and liver abscess formation in patients with biliary obstruction, the panel recommends that a total bilirubin level >3 mg/mL should be considered as a relative contraindication for TACE or TAE unless segmental treatment can be performed. Furthermore, patients with previous biliary enteric bypass have an increased risk of intrahepatic abscess following TACE and should be considered for prolonged antibiotic coverage at the time of the procedure.362,363

TACE causes increased hypoxia leading to an up-regulation of vascular endothelial growth factor receptor (VEGFR) and insulin-like growth factor receptor 2 (IGFR-2).³⁶⁴ Increased plasma levels of VEGFR and IGFR-2 have been associated with the development of metastasis after TACE.^{365,366} These findings have led to the evaluation of TACE in combination with sorafenib in patients with residual or recurrent tumor not amenable to additional locoregional therapies.³⁶⁷⁻³⁷⁴

In the multicenter phase III LAUNCH study in China, patients with advanced HCC were randomized to receive lenvatinib and TACE or lenvatinib alone, either as primary treatment or following initial disease recurrence post surgery.³⁷⁵ Treatment with lenvatinib and TACE resulted in a higher objective response rate (ORR), per mRECIST (54.1% vs. 25.0%; P < .001), and an improved median OS (17.8 months vs. 11.5 months; HR, 0.45; P < .001) and PFS (10.6 months vs. 6.4 months; HR, 0.43; P < .001).

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DEB-TACE has also been evaluated in patients with unresectable HCC.³⁷⁶⁻ ³⁸³ A randomized study (PRECISION V) of 212 patients with localized, unresectable HCC with C-P Class A or B cirrhosis and without nodal involvement showed no difference in CR, objective response, and disease control between DEB-TACE with doxorubicin-eluting embolic beads and conventional TACE with doxorubicin.378 Overall, DEB-TACE was not superior to conventional TACE with doxorubicin (P = .11) in this study. In a subgroup analysis, DEB-TACE was associated with a significant increase in objective response (P = .038) compared to conventional TACE in patients with C-P Class B, ECOG performance status 1, bilobar disease, and recurrent disease. DEB-TACE was also associated with improved tolerability with a significant reduction in serious liver toxicity and a significantly lower rate of doxorubicin-related side effects, compared to conventional TACE.³⁷⁸ In another small prospective randomized study (n = 83), Malagari et al also showed that DEB-TACE resulted in higher response rates, lower recurrences, and longer TTP compared to TAE in patients with intermediate-state HCC; however, this study also did not show any OS benefit for DEB-TACE.³⁷⁹ A randomized study comparing DEB-TACE to conventional TACE in 177 patients with intermediate stage, unresectable, persistent, or recurrent HCC revealed no significant efficacy or safety differences between the two approaches; however, DEB-TACE was associated with less post-procedural abdominal pain.³⁸³ Conversely, Dhanasekaran et al reported a survival advantage for DEB-TACE over conventional TACE in a prospective randomized study of 71 patients with

unresectable HCC.³⁸⁰ However, these results are from underpowered studies and need to be confirmed in large prospective studies. The findings from a meta-analysis of 28 studies suggest that DEB-TACE led to longer OS compared to TARE and conventional TACE.³⁸⁴ However, there were lower complications associated with TARE.

Sorafenib following arterially directed therapies may be appropriate in patients with adequate liver function once bilirubin returns to baseline, if there is evidence of residual or recurrent tumor not amenable to additional locoregional therapies.³⁶⁹⁻³⁷¹ Results from non-randomized phase II studies and a retrospective analysis suggest that concurrent administration of sorafenib with TACE or DEB-TACE may be a treatment option for patients with unresectable HCC.^{368-374,385} A meta-analysis including 14 studies with 1670 patients with advanced HCC examined the efficacy and safety of TACE combined with sorafenib.³⁸⁶ Results showed that this combination was associated with greater 1-year OS, compared to TACE alone (OR, 1.88; 95% CI, 1.39–2.53; P < .001), but combination therapy also resulted in greater frequency of some adverse events (hand-foot skin reaction, diarrhea, hypertension, fatigue, hepatotoxicity, and rash). This metaanalysis is limited by lack of an evaluation of a longer follow-up period. One meta-analysis of 13 studies with 2538 patients found that the combination of TACE with sorafenib improved OS in the Asian regions but not in non-Asian areas,³⁸⁷ while another did not find a difference in OS in either region but noted a longer time to disease progression in the Asian population but not the European population.³⁸⁸ In a phase III randomized trial, sorafenib, when given following treatment with TACE did not significantly prolong TTP or OS in patients with unresectable HCC that responded to TACE.374 Another phase III trial determined that the combination of sorafenib with DEB-TACE did not improve PFS.³⁸⁹ Currently, the panel does not recommend sorafenib following TACE, given the lack of evidence to support this treatment sequence.

TARE is a method that involves internal delivery of high-dose beta radiation to the tumor-associated capillary bed, thereby sparing the normal liver tissue.^{347,390} TARE is accomplished through the catheter-based administration of microspheres (glass or resin microspheres) embedded with Y-90, an emitter of beta radiation. One study reported a 92.8% 3-year OS in patients who received TARE as neoadjuvant therapy prior to liver resection or transplant, compared to 86.6% of all patients, which include those who received TARE as primary therapy.³⁹¹

NCCN

There is a growing body of literature to suggest that radioembolization might be an effective treatment option for patients with liver-limited, unresectable disease,³⁹²⁻³⁹⁷ though additional RCTs are needed to determine the RRs and benefits of TARE with Y-90 microspheres in patients with unresectable HCC and long-term impact on liver function.³⁹⁸ Delivery of 205 Gy or greater to the tumor may be associated with increased OS.³⁹⁹ Although radioembolization with Y-90 microspheres, like TAE and TACE, involves some level of particle-induced vascular occlusion, it has been proposed that such occlusion is more likely to be microvascular than macrovascular, and that the resulting tumor necrosis is more likely to be induced by radiation rather than ischemia.³⁹² RCTs have shown that Y-90 is not superior to sorafenib for treating advanced HCC.^{400,401} Radioembolization may be appropriate in some patients with advanced HCC,^{400,401} specifically patients with segmental or lobar portal vein, rather than main PVT.³⁹²

Reported complications of TARE include cholecystitis/bilirubin toxicity, gastrointestinal ulceration, radiation-induced liver disease, and abscess formation.^{392,394,402} A PR rate of 42.2% was observed in a phase II study of 108 patients with unresectable HCC with and without PVT treated with TARE and followed for up to 6 months.³⁹² Grade 3/4 adverse events were more common in patients with main PVT. However, patients with branch PVT experienced a similar frequency of adverse events related to elevated

bilirubin levels as patients without PVT. Results from a single-center, prospective longitudinal cohort study of 291 patients with HCC treated with TARE showed a significant difference in median survival times based on liver function level (17.2 months for patients with C-P Class A disease and 7.7 months for patients with C-P Class B disease; P = .002).³⁹⁴ Median survival for patients with C-P Class B disease and those with PVT was 5.6 months. A meta-analysis including 17 studies with 722 patients with HCC and PVT showed that median TTP, CR rate, PR rate, stable disease (SD) rate, progressive disease rate, and OS were 5.6 months, 3.2%, 16.5%, 31.3%, 28%, and 9.7 months, respectively.⁴⁰³ Median OS for patients with C-P Class B liver function (6.1 months) was lower than for patients with C-P Class A liver function (12.1 months), and lower for patients with main PVT (6.1 months) than for patients with branch PVT (13.4 months). Toxicities reported in these studies included fatigue (2.9%–67%), abdominal pain (2.9%–57%), and nausea/vomiting (5.7%–28%). Results from this meta-analysis suggest that TARE is safe and effective for patients with HCC who have PVT.

A multicenter study analyzed radiation segmentectomy, a selective TARE approach that limits radioembolization to two or fewer hepatic segments. This technique was evaluated in 102 patients with solitary unresectable HCC not amenable to RFA treatment due to tumor proximity to critical structures. The procedure resulted in CR, PR, and SD in 47%, 39%, and 12% of patients, respectively.³⁹⁷ In the multicenter LEGACY study, treatment with TARE, with a median absorbed dose to the treated liver volume of 410 Gy, as a neoadjuvant therapy or primary therapy yielded an ORR (best response) of 88.3% (95% CI, 82.4%–92.4%), as assessed by localized mRECIST, with 62.2% (95% CI, 54.1%–69.8%) of patients achieving a duration of response (DOR) of 6 months or longer.³⁹¹

In a meta-analysis including five studies, patients with unresectable HCC (N = 553) treated with TACE or TARE with Y-90 microspheres had similar

survival times and response rates.⁴⁰⁴ However, TARE resulted in a longer TTP, less toxicity, and less post-treatment pain than TACE. Further, TACE requires a one-day hospital stay, while TARE is usually an outpatient procedure. A phase II randomized trial also reported similar results, including a significantly longer median TTP in patients treated with TARE (>26 months vs. 6.8 months in patients treated with conventional TACE; *P* = .0012; HR, 0.122; 95% CI, 0.027–0.557; *P* = .007).⁴⁰⁵ Another meta-analysis including 14 studies compared DEB-TACE to TARE with Y-90 microspheres in patients with HCC and found that DEB-TACE had a superior 1-year OS rate (79% vs. 55%, respectively; OR, 0.57; 95% CI, 0.36–0.92; *P* = .02), though this difference is no longer statistically significant for 2-year and 3-year OS.⁴⁰⁶ These findings need to be confirmed in large RCTs.

Two recent phase III RCTs compared the efficacy and safety of TARE with Y-90 microspheres to sorafenib in patients with locally advanced HCC.^{400,401} In both trials, OS rates were not significantly different between the two treatment groups. However, adverse events grade 3 or higher (eg, diarrhea, fatigue, hand-foot skin reaction) were more frequent in patients randomized to receive sorafenib than in patients randomized to receive TARE.

Radiation Therapy

RT options for patients with unresectable or inoperable HCC include EBRT and stereotactic body RT (SBRT). EBRT allows focal administration of high-dose radiation to liver tumors while sparing surrounding liver tissue, thereby limiting the risk of radiation-induced liver damage in patients with unresectable or inoperable HCC.^{407,408} Advances in EBRT, such as intensity-modulated RT (IMRT) and image–guided radiotherapy, have allowed for enhanced delivery of higher radiation doses to the tumor while sparing surrounding critical tissue. SBRT is an advanced technique of EBRT that delivers large ablative doses of radiation. There is growing evidence (primarily from non-RCTs) supporting the usefulness of SBRT for patients with unresectable, locally advanced, or recurrent HCC.⁴⁰⁹⁻⁴¹³

In a phase II trial of 50 patients with inoperable HCC treated with SBRT after incomplete TACE, SBRT induced CRs and PRs in 38.3% of patients within 6 months of completing SBRT.⁴¹² The 2-year local control rate, OS, and PFS rates were 94.6%, 68.7%, and 33.8%, respectively. In another study that evaluated the long-term efficacy of SBRT for patients with primarily small HCC ineligible for local therapy or surgery (42 patients), SBRT induced an overall CR rate of 33%, with 1- and 3-year OS rates of 92.9% and 58.6%, respectively.⁴⁰⁹ In patients with recurrent HCC treated with SBRT, tumor size, recurrent stage, and C-P were identified as independent prognostic factors for OS in multivariate analysis.⁴¹¹ In a report from Princess Margaret Cancer Centre on 102 patients treated with SBRT for locally advanced HCC in sequential phase I and phase II trials, Bujold et al reported a 1-year local control rate of 87% and a median survival of 17 months. The majority of these patients were at high risk with relatively advanced-stage tumors (55% of patients had tumor vascular thrombosis, and 61% of patients had multiple lesions with a median sum of largest diameter of almost 10 cm and a median diameter of 7.2 cm for the largest lesion).⁴¹³ A retrospective analysis comparing RFA and SBRT in 224 patients with inoperable, nonmetastatic HCC showed that SBRT may be a preferred option for tumors 2 cm or larger.⁴¹⁴ However, another retrospective analysis from the National Cancer Database including 3980 patients with stage I or II HCC showed that 5-year OS was greater for patients who received RFA, compared to patients who received SBRT (30% vs. 19%, P < .001).415 SBRT has also been shown to be an effective bridging therapy for patients with HCC and cirrhosis awaiting liver transplant.416-418

Most tumors, irrespective of their location, may be amenable to SBRT, IMRT, or conformal EBRT. RT dosing,⁴¹⁹ including SBRT,

hypofractionation, and conventional fractionation dosing, is dependent on the ability to meet normal organ constraints and underlying liver function. SBRT or hypofractionation are preferred EBRT options. SBRT dosing is usually 30 to 50 Gy in 3 to 5 fractions.^{414,420,421} The dose for hypofractionation is 37.5 to 72 Gy in 10 to 15 fractions and the dose for conventional fractionation is 50 to 66 Gy in 25 to 33 fractions.⁴²²⁻⁴²⁴ SBRT is often used for patients with 1 to 3 tumors with minimal or uncertain extrahepatic disease. There is no strict size limit, so SBRT may be used for larger lesions if there is sufficient uninvolved liver and liver radiation dose constraints can be respected. The majority of safety and efficacy data on the use of SBRT are available for patients with HCC and C-P A liver function; limited safety data are available for the use of SBRT in patients with C-P B or poorer liver function.^{410,413,425-427} Those with C-P B cirrhosis may require dose modifications and strict dose constraint adherence to increase safety in this population. The safety of SBRT for patients with C-P C cirrhosis has not been established, as there are not likely to be clinical trials available for this group of patients with a very poor prognosis. Hypofractionation with photons⁴²² or protons^{422,428} is an acceptable option for intrahepatic tumors, although treatment at centers of experience is recommended. A multi-institutional trial reported a local control rate of 91.2% and an OS rate of 65.6% at one year for patients with HCC treated with hypofractionated proton beam therapy (PBT).⁴²⁹

In 2014, ASTRO (American Society for Radiation Oncology) released a model policy supporting the use of PBT in some oncology populations.⁴³⁰ In a phase II study, 94.8% of patients with unresectable HCC who received high-dose hypofractionated PBT demonstrated >80% local control after 2 years, as defined by RECIST criteria.⁴²² In a meta-analysis including 70 studies, charged particle therapy (mostly including PBT) was compared to SBRT and conventional radiotherapy.⁴³¹ OS (RR, 25.9; 95% CI, 1.64–408.5; *P* = .02), PFS (RR, 1.86; 95% CI, 1.08–3.22; *P* = .013), and locoregional control (RR, 4.30; 95% CI, 2.09–8.84; *P* < .001) through 5

years were greater for charged particle therapy than for conventional radiotherapy. There were no significant differences between charged particle therapy and SBRT for these outcomes. In a comparison of PBT and IMRT, PBT was linked with higher OS (31 months vs. 14 months), which could be due to decreased occurrence of liver decompensation.⁴³² Analyses from a prospective RCT including 69 patients with HCC showed that PBT tended to be associated with improved 2-year local control (P = .06), better PFS (P = .06), and fewer hospitalization days following treatment (P < .001), relative to patients who received TACE.⁴²⁸ The panel advises that PBT may be considered and appropriate in select settings for treating HCC. Several ongoing studies are continuing to investigate the impact of hypofractionated PBT on HCC outcomes (eg, NCT02632864), including randomized trials comparing PBT to RFA (NCT02640924) and PBT to TACE (NCT00857805). Hypofractionated PBT was evaluated in a phase II study with 45 patients with HCC.⁴³³ At 3 years, the local PFS and OS were 95.2% (95% CI, 89.1%-100%) and 86.4% (95% CI, 72.9%-99.9%), respectively.

Combinations of Locoregional Therapies

Results from retrospective analyses suggest that the combination of TACE with RFA is more effective (both in terms of tumor response and OS) than TACE or RFA alone or resection in patients with single or multiple tumors fulfilling the UNOS or Milan criteria^{211,434} or in patients with single tumors up to 7 cm.^{435,436} The principle behind the combination of RFA and embolization is that the focused heat delivery of RFA may be enhanced by vessel occlusion through embolization since blood circulation inside the tumor may interfere with the transfer of heat to the tumor.

However, randomized trials that have compared the combination of ablation and embolization with ablation or embolization alone have shown conflicting results. Combination therapy with TACE and PEI resulted in superior survival compared to TACE or PEI alone in the treatment of

patients with small HCC tumors, especially for patients with HCC tumors measuring <2 cm.^{437,438} In another randomized study, Peng et al reported that the combination of TACE and RFA was superior to RFA alone in terms of OS and RFS for patients with tumors <7 cm, although this study had several limitations (small sample size and the study did not include TACE alone as one of the treatment arms, thus making it difficult to assess the relative effectiveness of TACE alone compared to the combination of TACE and RFA).⁴³⁹ In a prospective randomized study, Shibata et al reported that the combination of RFA and TACE was equally as effective as RFA alone for the treatment of patients with small (≤ 3 cm) tumors.⁴⁴⁰ Conversely, results from other randomized trials indicate that the survival benefit associated with the combination approach is limited only to patients with tumors that are between 3 cm and 5 cm.^{441,442} In the randomized prospective trial that evaluated sequential TACE and RFA versus RFA alone in 139 patients with recurrent HCC ≤5 cm, the sequential TACE and RFA approach was better than RFA in terms of OS and RFS only for patients with tumors between 3.1 and 5.0 cm (P = .002 and P < .001) but not for those with tumors 3 cm or smaller (P = .478 and P = .204).⁴⁴²

In a small RCT including 50 patients with an unresectable single HCC lesion (ie, >4 cm, serum bilirubin >1.2 mg/dL, and/or presence of esophageal varices), patients received either TACE alone, TACE following RFA, or TACE following MWA.⁴⁴³ Patients who received TACE alone had a greater recurrence rate one month after intervention completion, compared to patients who received TACE with RFA or MWA (30% vs. 5% vs. 0%, respectively; P = .027). However, at 3- and 6-month follow-up, recurrence rates between the three groups were no longer statistically significant. A randomized trial with 265 patients with HCC >3 cm and <5 cm demonstrated that patients treated with the combination of conventional TACE and MWA had improved outcomes compared to those treated with TACE or MWA in terms of CR (combined therapy, 86.5%; TACE, 54.8%; MWA, 56.5%; P = .0002), recurrence rate at 12 months (combined therapy,

22.5%; TACE, 60.7%; MWA, 51.1%; P = .0001), OS at 3 years post therapy (combined therapy, 69.6%; TACE, 54.7%; MWA, 54.3%; P = .02), and mean PFS (P < .001).⁴⁴⁴

The results of a meta-analysis of 10 RCTs comparing the outcomes of TACE plus percutaneous ablation with those of TACE or ablation alone suggest that while there is a significant OS benefit for the combination of TACE and PEI compared to TACE alone for patients with large HCC tumors, there was no survival benefit for the combination of TACE and RFA in the treatment of small lesions as compared with that of RFA alone.⁴⁴⁵

Therefore, available evidence suggests that the combination of TACE with RFA or PEI may be effective, especially for patients with larger lesions that do not respond to either procedure alone. A meta-analysis including 25 studies with 2577 patients with unresectable HCC showed that TACE combined with RT (eg, 3D conformal RT, SBRT) was associated with a complete tumor response (OR, 2.73; 95% CI, 1.95–3.81) and survival through 5 years (OR, 3.98; 95% CI, 1.89–8.50), compared with TACE delivered alone.⁴⁴⁶ However, this combination was also associated with increased gastroduodenal ulcers (OR, 12.80; 95% CI, 1.57–104.33), levels of ALT (OR, 2.46; 95% CI, 1.30–4.65), and total bilirubin (OR, 2.16; 95% CI, 1.05–4.45).

A Cochrane review including nine RCTs with 879 patients with unresectable HCC showed that EBRT combined with TACE is associated with lower 1-year mortality (RR, 0.51; 95% CI, 0.41–0.62; P < .001) and a better response rate (CR or PR; RR, 1.58; 95% CI, 1.40–1.78; P < .001), compared to TACE alone.⁴⁴⁷ However, patients who received the combination treatment had increased toxicity compared to patients who received TACE alone, as illustrated by elevated alanine aminotransferase (RR, 1.41; 95% CI, 1.08–1.84; P = .01) and bilirubin (RR, 2.69; 95% CI, 1.34–5.40; P = .005). The investigators who conducted the review cautioned that the quality of evidence for these findings was low to very

low. In a recent RCT, 90 patients with HCC confined to the liver and with macroscopic vascular invasion were randomized to receive first-line sorafenib or TACE combined with EBRT.⁴⁴⁸ The TACE/EBRT arm had better median OS (55 weeks vs. 43 weeks, respectively; P = .04), 12-week PFS (86.7% vs. 34.3%, respectively; P < .001), radiologic response (33.3% vs. 2.2%, respectively; P < .001), and median TTP (31 weeks vs. 12 weeks, respectively; P < .001) compared to the sorafenib arm.

NCCN Recommendations for Locoregional Therapies

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The consensus of the panel is that liver resection or transplantation, if feasible, is preferred for patients who meet surgical or transplant selection criteria since these are established potentially curative therapies. Locoregional therapy (ablation, arterially directed therapies, EBRT) is the preferred treatment approach for patients who are not amenable to surgery or liver transplantation.

All tumors considered for ablation should be amenable to complete treatment with a margin of normal tissue around the tumor. Tumors should be in a location accessible for percutaneous, laparoscopic, or open approaches. Lesions abutting key structures such as the bile ducts, stomach, bowel, gallbladder, or diaphragm may be difficult locations for ablation, although hydrodissection techniques can be used to safely treat in some instances. The panel emphasizes that caution should be exercised when ablating lesions near these structures to decrease complications. Similarly, ablative treatment of tumors located on the liver capsule may cause tumor rupture with track seeding, especially with direct puncture techniques. Tumor seeding along the needle track has been reported in <1% of patients with HCC treated with RFA.⁴⁴⁹⁻⁴⁵¹ Lesions with subcapsular location and poor differentiation seem to be at higher risk for this complication.⁴⁴⁹ During an ablation procedure, major vessels in close proximity to the tumor can absorb large amounts of heat (known as the

"heat sink effect"), which can decrease the effectiveness and significantly increase local recurrence rates.

The consensus of the panel is that ablation alone may be a curative treatment for tumors \leq 3 cm. In well-selected patients with small, properly located tumors ablation should be considered as definitive treatment in the context of a multidisciplinary review.^{316,318} Tumors between 3 and 5 cm may be treated with a combination of MWA and/or arterially directed therapies to prolong survival, as long as the tumor location is favorable to ablation and underlying liver function is adequate.^{441,442,452} The panel recommends that patients with unresectable or inoperable lesions larger than 5 cm should be considered for treatment using arterially directed therapies, EBRT, or systemic therapy.

All HCC tumors, irrespective of location in the liver, may be amenable to arterially directed therapies, provided that the arterial blood supply to the tumor can be isolated.^{350,354,392,435} An evaluation of the arterial anatomy of the liver, patient's performance status, and liver function is necessary prior to the initiation of arterially directed therapy. In addition, more individualized patient selection that is specific to the particular arterially directed therapy being considered is necessary to avoid significant treatment-related toxicity. General patient selection criteria for arterially directed therapies include unresectable or inoperable tumors not amenable to ablation therapy only, and the absence of large-volume extrahepatic disease. Minimal extrahepatic disease is considered a "relative" contraindication for arterially directed therapies.

All arterially directed therapies are relatively contraindicated in patients with bilirubin >3 mg/dL unless segmental treatment can be performed. Outside of segmental therapy, TARE with Y-90 microspheres has an increased risk of radiation-induced liver disease in patients with bilirubin >2 mg/dL.³⁹⁴ Arterially directed therapies in highly selected patients have been shown to be safe to use in patients with limited tumor invasion of the portal vein. It is

also important to note that the contrast agent used may be nephrotoxic, and, thus, these therapies should not be used if creatinine clearance is elevated.

The panel recommends that EBRT or SBRT be considered as an alternative to ablation and/or embolization techniques or when these therapies have failed or are contraindicated (in patients with unresectable disease characterized as extensive or otherwise not suitable for liver transplantation and those with local disease but who are not considered candidates for surgery due to performance status or comorbidity). Radiotherapy should be guided by imaging to improve treatment accuracy and reduce toxicity. Palliative EBRT is appropriate for symptom control and/or prevention of complications from metastatic HCC lesions, such as bone or brain, and extensive liver tumor burden.⁴⁵³ The panel encourages prospective clinical trials evaluating the role of SBRT in patients with unresectable, locally advanced, or recurrent HCC.

Systemic Therapy

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The majority of patients diagnosed with HCC have advanced disease, and only a small percentage are eligible for potentially curative therapies. Furthermore, with the wide range of locoregional therapies available to treat patients with unresectable HCC confined to the liver, systemic therapy has often been a treatment of last resort for those patients with very advanced disease. Until recently, sorafenib has been the only systemic therapy option for patients with advanced disease. However, from a number of recent clinical trials, there are several new systemic therapy options for upfront treatment of advanced HCC and a number of active agents for HCC that has progressed on or after previous systemic treatment.

Atezolizumab and Bevacizumab

Bevacizumab, a VEGF inhibitor, has modest clinical activity as a single agent or in combination with erlotinib or chemotherapy in phase II studies in patients with advanced HCC.⁴⁵⁴⁻⁴⁵⁸ The IMbrave150 phase III trial enrolled 501 patients with unresectable HCC and C-P A liver function, with randomization to either the combination of atezolizumab and bevacizumab or sorafenib as first-line treatment. All patients were required to have an upper endoscopy within 6 months prior to enrollment due to risk of upper gastrointestinal bleeding observed in prior phase 2 studies of bevacizumab in HCC.^{455,459} The IMbrave150 study showed that the combination of atezolizumab plus bevacizumab significantly improved outcomes compared to sorafenib.⁴⁶⁰ Analyses from an independent reviewer (using HCC RECIST criteria) comparing the atezolizumab and bevacizumab combination to sorafenib showed an ORR of 27.3% versus 11.9% (5.5% vs. 0% CR, 21.8% vs. 11.9% PR), with SD in 46.3% versus 43.4% of patients and progressive disease in 19.6% versus 24.5%. DOR >6 months was estimated to be 87.6% in the atezolizumab and bevacizumab arm and 59.1% in the sorafenib arm. Updated data revealed a median OS and PFS of 19.2 months (95% CI, 17.0 months-23.7 months) and 6.9 months (95% CI, 5.7 months-8.6 months), respectively, for patients in the atezolizumab and bevacizumab group versus 13.4 months (95% CI, 11.4 months-16.9 months) and 4.3 months (95% CI, 4.0 months–5.6 months), respectively, for patients in the sorafenib group (HR for OS, 0.66; 95% CI, 0.52-0.85; descriptive P < .001; HR for PFS, 0.65; 95% CI, 0.53–0.81; descriptive P < .001).⁴⁶¹ Grade 3/4 treatment-related adverse events were reported in 43% of evaluable patients receiving the combination treatment versus 46% in patients receiving sorafenib. Prior to the initiation of the atezolizumab plus bevacizumab regimen, patients should have adequate endoscopic evaluation and management for esophageal varices within approximately 6 months prior to treatment or according to institutional practice and based on the assessment of bleeding risk.

National Comprehensive NCCN Guidelines Version 1.2023 Cancer Network[®] Hepatocellular Carcinoma

Tremelimumab-actl and Durvalumab

The phase III HIMALAYA study randomized 1171 patients with unresectable HCC with no prior systemic treatment to receive tremelimumab, an anti-CTLA-4 antibody, in combination with durvalumab, an anti-PD-1 antibody, durvalumab monotherapy, or sorafenib.⁴⁶² The median OS was 16.4 months (95% CI, 14.2–19.6 months), 16.6 months (95% CI, 14.1–19.1 months), and 13.8 months (95% CI, 12.3–16.1 months), respectively. Compared to sorafenib, the combination treatment significantly ameliorated OS (HR, 0.78; 96% CI, 0.65–0.93; P = .0035). There was no significant difference in PFS. Treatment-emergent adverse events that were grade 3 or 4 were reported in 50.5%, 37.1%, and 52.4% of patients treated with the combination treatment, durvalumab monotherapy, and sorafenib, respectively.

Sorafenib

NCCN

Sorafenib, an oral multikinase inhibitor that suppresses tumor cell proliferation and angiogenesis, was evaluated in two randomized, placebo-controlled, phase III trials for the treatment of patients with advanced or metastatic HCC.^{463,464}

In one of these phase III trials (SHARP trial), 602 patients with advanced HCC were randomly assigned to sorafenib or best supportive care. In this study, advanced HCC was defined as patients not eligible for or those who had disease progression after surgical or locoregional therapies.⁴⁶³ The majority of the patients had preserved liver function (\geq 95% of patients classified as C-P Class A) and good performance status (>90% of patients had ECOG performance status of 0 or 1). Median OS was significantly longer in the sorafenib arm (10.7 months in the sorafenib arm vs. 7.9 months in the placebo group; HR, 0.69; 95% CI, 0.55–0.87; *P* < .001).⁴⁶³ In the Asia-Pacific study, another phase III trial with a similar design to the SHARP study, 226 patients were randomly assigned to sorafenib or placebo arms (150 and 76 in sorafenib and placebo arms, respectively).⁴⁶⁴

While the HR for the sorafenib arm compared with the placebo arm (HR, 0.68; Cl, 0.50–0.93; P = .014) was nearly identical to that reported for the SHARP study, the median OS was strikingly lower in both treatment and placebo groups in the Asia-Pacific study (6.5 months vs. 4.2 months).

Data on the efficacy of sorafenib in patients with C-P Class B liver function are limited since only patients with preserved liver function (C-P Class A) were to be included in those trials.^{465,466} However, approximately 28% of the 137 patients enrolled in a phase 2 trial evaluating sorafenib in the treatment of HCC had C-P Class B liver function.⁴⁶⁷ A subgroup analysis of these patients demonstrated a median OS for patients in the C-P Class B group of only 3.2 months compared to 9.5 months for those in the C-P Class A group.⁴⁶⁸ Other investigators have also reported lower median OS for patients with C-P Class B liver function.469-473 In the GIDEON registry, the safety profile of sorafenib was generally similar for C-P Class A and C-P Class B.⁴⁷⁴ In the final analysis of the trial, in the intent-to-treat population (3213 patients), the median OS was 13.6 months for the C-P Class A group compared to 5.2 months for the C-P Class B group. These unsurprising results reflect the balance between cancer progression and worsening liver disease as competing causes of death for patients with unresectable HCC and forms the basis for the exclusion of patients with poorer liver function from these and other clinical trials.

In addition to clinical outcome, impaired liver function may impact the dosing and toxicity of sorafenib. Abou-Alfa et al found higher levels of hyperbilirubinemia, encephalopathy, and ascites in the group with C-P Class B liver function, although it is difficult to separate the extent to which treatment drug and underlying liver function contributed to these disease manifestations.⁴⁶⁸ A pharmacokinetic and phase I study of sorafenib in patients with hepatic and renal dysfunction showed an association between elevated bilirubin levels and possible hepatic toxicity.⁴⁷⁵ Finally, it is important to mention that sorafenib induces only rare objective volumetric

tumor responses, and this has led to a search for other validated criteria to evaluate tumor response (such as RECIST^{297,298} or EASL criteria¹⁸¹).⁴⁶⁵

Sorafenib combined with erlotinib for patients with advanced HCC was assessed in a phase III RCT (N = 720).⁴⁷⁶ Results showed that this combination did not significantly improve survival, relative to sorafenib delivered with a placebo. Further, disease control rate was significantly lower for patients who received the sorafenib/erlotinib combination, relative to those in the comparison group (P = .021). Treatment duration was shorter for those receiving the sorafenib/erlotinib combination (86 vs. 123 days).

Lenvatinib

Lenvatinib is an inhibitor of VEGFR, fibroblast growth factor receptor, platelet-derived growth factor receptor (PDGFR), and other growth signaling kinases. In the phase III randomized REFLECT trial, patients with unresectable HCC (N = 954) were randomized to receive either lenvatinib or sorafenib as first-line treatment.⁴⁷⁷ The trial was designed to demonstrate non-inferiority or superiority of lenvatinib; the prespecified boundary for non-inferiority was met with median OS of 13.6 months in the lenvatinib arm compared to 12.3 months for sorafenib (HR, 0.92; 95% CI, 0.79–1.06). Based on results of the REFLECT trial, the FDA approved lenvatinib in 2018 as first-line treatment for patients with unresectable HCC.

Durvalumab

In the phase III HIMALAYA study, patients with unresectable HCC with no prior systemic treatment were randomized to receive tremelimumab in combination with durvalumab, durvalumab monotherapy, or sorafenib.⁴⁶² The median OS was 16.4 months (95% CI, 14.2–19.6 months), 16.6 months (95% CI, 14.1–19.1 months), and 13.8 months (95% CI, 12.3–16.1 months), respectively. The results showed that durvalumab monotherapy was noninferior to sorafenib (HR, 0.86; 95% CI, 0.73–1.03). There was no significant difference in PFS among the three groups. Treatment-emergent

adverse events that were grade 3 or 4 were reported in 50.5%, 37.1%, and 52.4% of patients treated with the combination treatment, durvalumab monotherapy, and sorafenib, respectively.

Pembrolizumab

Pembrolizumab, an anti-PD-1-antibody, was evaluated in the KEYNOTE-224 phase II clinical trial in 51 patients with previously untreated HCC and demonstrated durable responses.⁴⁷⁸ A median ORR of 16% (95% CI, 7%– 29%) was reported. The median DOR, disease control rate, PFS, TTP, and OS were 16 months (range 3 to 24+ months), 57% (95% CI, 42%–71%), 4 months (95% CI, 2–8 months), 4 months (95% CI, 3–9 months), and 17 months (95% CI, 8–23 months), respectively. Sixteen percent of patients had a grade 3 or higher treatment-related adverse event.

Nivolumab

CheckMate 459, a randomized phase III trial compared nivolumab to sorafenib in the frontline treatment of advanced HCC.⁴⁷⁹ The median OS with nivolumab versus sorafenib was 16.4 months (95% CI, 13.9–18.4 months) versus 14.7 months (95% CI, 11.9–17.2 months), respectively (HR, 0.85; 95% CI, 0.72–1.02; P = .075), but the ORR was 15% versus 7%. The median TTP was 3.8 months for nivolumab versus 3.9 months for sorafenib.

Subsequent-Line Therapy if Disease Progression

Until recently, there have been no subsequent-line systemic therapy options for patients with HCC who have disease progression on or after sorafenib. Recent advancements have produced some effective systemic therapy options for these patients. However, there are no comparative data to define optimal treatment after first-line systemic therapy. The first drug to get approved for HCC after sorafenib was regorafenib, an oral multikinase inhibitor with activity against VEGFR1-3, PDGFRB, KIT, RET, RAF-1, and other growth signaling kinases. The randomized, double-blind, placebo-controlled, international phase III RESORCE trial assessed the



efficacy and safety of regorafenib in 573 patients with HCC and C-P A liver function who progressed on sorafenib and who tolerated sorafenib at a dose of 400 mg per day for at least 20 of the prior 28 days of treatment.⁴⁸⁰ Compared to the placebo, regorafenib improved median OS (10.6 months vs. 7.8 months, respectively; HR, 0.63; 95% CI, 0.50–0.79; P < .001), median PFS by mRECIST (3.1 months vs. 1.5 months; HR, 0.46; 95% CI, 0.37–0.56; P < .001), TTP by mRECIST (3.2 months vs. 1.5 months; HR, 0.44; 95% CI, 0.36–0.55; P < .001), objective response (11% vs. 4%; P = .005), and disease control (65% vs. 36%; P < .001). Adverse events were universal among patients randomized to receive regoratenib (n = 374), with the most frequent grade 3 or 4 treatment-related events being hypertension (15%), hand-foot skin reaction (13%), fatigue (9%), and diarrhea (3%). Seven deaths that occurred were considered by the investigators to have been related to treatment with regorafenib. Based on the results of this trial, the FDA approved regorafenib in 2017 for patients with HCC who progressed on or after sorafenib.

Cabozantinib, another oral multikinase inhibitor with potent activity against VEGFR1-3 and MET among other targets, was assessed in the phase III randomized CELESTIAL trial including 707 patients with advanced HCC who have progressed on or after sorafenib, with 7.6% of the sample having received more than one line of previous treatment.⁴⁸¹ Median OS and PFS were significantly greater in patients randomized to receive cabozantinib (10.2 months and 5.2 months, respectively), compared to patients randomized to receive a placebo (8.0 and 1.9 months, respectively) (HR, 0.76; 95% CI, 0.63–0.92; *P* = .005 for OS; HR, 0.44; 95% CI, 0.36–0.52; *P* < .001 for PFS) as was the ORR (4% vs. 0.4%, *P* = .009). A subsequent analysis showed that the benefits of cabozantinib spanned across a range of AFP levels.⁴⁸² The on-treatment AFP response was higher in the cabozantinib arm, which was linked to longer OS and PFS. Cabozantinib was approved by the FDA in 2019 for patients with C-P A liver function who have disease progression on or after sorafenib.

In a phase III randomized REACH trial, the monoclonal antibody against VEGFR2, ramucirumab, was assessed as second-line therapy following sorafenib in patients with advanced HCC (N = 565).^{483,484} Though this regimen did not improve median OS (9.2 months vs. 7.6 months; HR, 0.87), median PFS (HR, 0.63; 95% CI, 0.52–0.75; P < .001) and TTP (HR, 0.59; 95% CI, 0.49–0.72; P < .001) were improved, relative to the placebo group. A subgroup analysis in patients with a baseline AFP level of ≥400 ng/mL (n = 250) showed that the median OS and PFS were 7.8 months (HR, 0.67) and 2.7 months, respectively, for patients in the ramucirumab arm, and 4.2 months and 1.5 months, respectively, for patients in the placebo arm. Analyses of patient-focused outcomes showed that deterioration of symptoms was not significantly different in patients randomized to receive ramucirumab, compared to the placebo group.⁴⁸⁴

Based on these findings, the REACH-2 randomized phase III trial assessed the efficacy of ramucirumab in patients with HCC who had disease progression on or after sorafenib who had a baseline AFP level of ≥400 ng/mL (N = 292).⁴⁸⁵ OS and PFS were greater in patients who received ramucirumab with best supportive care, compared to patients randomized to receive a placebo with best supportive care (median OS 8.5 months vs. 7.3 months, respectively; HR, 0.71; 95% CI, 0.53–0.95; P = .0199; median PFS 2.8 months vs. 1.6 months, respectively; HR, 0.45; 95% CI, 0.34-0.60; P < .0001). A pooled analysis of results from REACH and REACH-2, including 542 patients with disease progression on or after sorafenib who had a baseline AFP level of ≥400 ng/mL, showed that median OS was greater for patients who received ramucirumab, compared to patients who received the placebo (8.1 months vs. 5.0 months, respectively; HR, 0.69; 95% CI, 0.57–0.84; P = .0002).485 Post hoc analyses of the REACH and REACH-2 trials revealed the importance of AFP as a prognostic factor as the AFP response was significantly higher in patients treated with ramucirumab compared to placebo (P < .0001).⁴⁸⁶ An AFP response was associated with significantly improved survival (13.6 months vs. 5.6

months; HR, 0.45; P < .0001).⁴⁸⁶ A real-world study reported a higher median PFS in patients with HCC and serum AFP levels of 400 ng/mL or greater who were treated with ramucirumab (n = 13) compared to those treated with sorafenib (n = 11) as subsequent-line therapy (2.7 months vs. 0.9 months; P = .005).⁴⁸⁷ No significant difference was reported for ORR (9.1% vs. 54.5%) and disease control rate (0.0% vs. 22.2%).

NCCN

Combination treatment with nivolumab and the CTLA-4 antibody ipilimumab in 148 patients with advanced HCC who were previously treated with sorafenib led to improved clinical responses.⁴⁸⁸ The results showed a response rate of 32%, per RECIST version 1.1 as assessed by blinded independent central review, and a median OS of 22.8 months. The results from a long-term follow-up of at least 44 months, published in an abstract, demonstrated that durable responses were achieved and the median OS was maintained at 22.2 months.⁴⁸⁹

Pembrolizumab was assessed in the non-randomized, open-label, phase I KEYNOTE-224 trial, which included 104 patients with HCC who progressed on or were intolerant to sorafenib.⁴⁹⁰ Based on this study, the FDA granted accelerated approval for pembrolizumab for patients with HCC who were previously treated with sorafenib. Patients were treated with. pembrolizumab for up to 35 cycles or until disease progression was confirmed or there was unacceptable toxicity.⁴⁹¹ Data from an updated analysis showed that about 18.3% of patients (95% CI, 11.4%-27.1%) had an objective response. The median OS, PFS, TTP, and DOR were 13.2 months (95% CI, 9.7 months-15.3 months), 4.9 months (95% CI, 3.5 months-6.7 months), 4.8 months (95% CI, 3.9 months-7.0 months), and 21.0 months (range, 3.1 months to 39.5+ months), respectively. The disease control rate was 61.5%. Twenty-five percent and 1% of patients had a grade 3–4 or grade 5 treatment-related adverse event, respectively. However, the phase 3 KEYNOTE-240 trial comparing pembrolizumab to a placebo in second-line HCC did not meet its primary endpoints (OS and

PFS) based on the rigorous statistical plan.⁴⁹² Patients received treatment for 35 cycles or until the disease progressed or there was unacceptable toxicity. Updated data from the KEYNOTE-240 trial, published in an abstract, showed that the median OS with pembrolizumab versus placebo was 13.9 versus 10.6 months, respectively (HR, 0.77), and the median PFS was 3.3 versus 2.8 months, respectively (HR, 0.70).⁴⁹³ Also, a clinically meaningful difference in ORR was seen favoring pembrolizumab (18.3% vs. 4.4%), and the median DOR on pembrolizumab was 13.9 months. Pembrolizumab has maintained its accelerated approval in patients previously treated with sorafenib.

Pembrolizumab was also assessed in the phase III KEYNOTE-394 study in Asia in patients with advanced HCC with progression on or intolerance to sorafenib or oxaliplatin-based chemotherapy.⁴⁹⁴ Patients were randomized 2:1 to receive pembrolizumab or placebo and all received best supportive care. Data in a published abstract demonstrated that OS was significantly improved in the final analysis (HR, 0.79; 95% CI, 0.63–0.99; P = .0180). An ORR of 13.7% was obtained in the pembrolizumab arm versus 1.3% in the placebo arm. Results from a second interim analysis revealed a significant improvement in PFS (HR, 0.74; 95% CI, 0.60–0.92; P = .0032).

Based on the results from the CheckMate 040 trial, the FDA gave accelerated approval for nivolumab in 2017 for patients with HCC who progressed on or after sorafenib.⁴⁹⁵ In 2021, the FDA's Oncologic Drugs Advisory Committee voted against maintaining the accelerated approval of nivolumab as a single agent for patients with advanced HCC who were previously treated with sorafenib.⁴⁹⁶ Based on the FDA decision, the panel removed nivolumab as a subsequent-line treatment option for patients with C-P Class A disease. As treatment options are limited for patients with C-P Class B disease, the panel voted to maintain nivolumab as a subsequent-line treatment option for these patients. The phase I/II CheckMate 040 cohort 5 trial enrolled patients with advanced C-P B HCC who received

prior sorafenib treatment as well as those who did not receive prior treatment with sorafenib.⁴⁹⁷ Patients received treatment with nivolumab. The investigator-assessed ORR was 12% (95% CI, 5%–25%) overall and 13% in patients who received prior treatment with sorafenib. The median time to response and DOR were 2.7 months (interquartile range, 1.4 months–4.2 months) and 9.9 months (95% CI, 9.7 months–9.9 months), respectively. The median OS and PFS were 7.6 months (95% CI, 4.4 months–10.5 months) and 2.7 months (95% CI, 1.6 months–4.0 months), respectively, for all patients and 7.4 months (95% CI, 2.3 months–12.1 months) and 2.2 months (1.4 months–4.2 months), respectively, in patients who received prior sorafenib treatment. Treatment-related adverse events that were grade 3/4 were reported in 24% of all patients and in 33% of patients who received prior sorafenib treatment.

NCCN

Dostarlimab-gxly, another anti-PD-1 antibody, was assessed in an openlabel phase I study with 2 cohorts.⁴⁹⁸ One cohort had 103 patients with advanced or recurrent microsatellite instability-high (MSI-H)/deficient mismatch repair (dMMR) endometrial cancer and another had 106 patients with advanced or recurrent MSI-H/dMMR or POLE-hypermutated nonendometrial solid tumors (comprising mostly gastrointestinal tumors [93.4%] with 65.1% colorectal tumors). An interim analysis, published in an abstract, revealed an ORR of 41.6% (95% CI, 34.9%-48.6%), per RECIST v1.1. The ORR for the cohort with non-endometrial cancer was 38.7% (95% CI, 29.4%–48.6%). The median DOR was not reached (median follow-up of 16.3 months for the cohort with endometrial cancer and 12.4 months for the cohort with non-endometrial cancer). The most frequent grade 3 or higher treatment-related adverse events were anemia (2.2%), elevated lipase (1.9%), elevated alanine aminotransferase (1.1%), and diarrhea (1.1%). Another published abstract demonstrated that among the cohort with non-endometrial cancer, patients with colorectal cancer had an ORR of 36.2% (95% CI, 25.0%-48.7%).499 The cohort also included two

patients with liver cancer. One patient had a PR while the other had progressive disease.

Selpercatinib, a selective RET kinase inhibitor, was investigated in the phase 1/2 LIBRETTO-001 clinical trial in patients with *RET* fusion-positive tumors.⁵⁰⁰ Of 41 patients who were evaluable for efficacy and with tumors other than lung or thyroid, the ORR, as assessed by an independent review committee, was 43.9% (95% CI, 28.5%–60.3%).

NTRK1/NTRK2/NTRK3 fusions have not been reported in HCC. However, as studies have demonstrated response rates in the 57% to 75% range in pre-treated *NTRK* fusion-positive tumors, larotrectinib and entrectinib are subsequent-line systemic therapy options for patients with HCC that is *NTRK* gene fusion positive.^{501,502}

Other Agents and Emerging Therapies

The combination of lenvatinib and pembrolizumab, an anti-PD-1 antibody, is under investigation in the randomized phase III LEAP-002 trial against lenvatinib alone for the frontline treatment of advanced HCC. A published abstract reported that the study did not achieve its primary endpoints (OS and PFS).⁵⁰³ A median OS of 21.2 months was obtained with the combination treatment, as opposed to 19.0 months with lenvatinib alone (HR, 0.84; 95% CI, 0.71–1.00; P = .0227). The prespecified final PFS analysis demonstrated an HR of 0.87 (95% CI, 0.73–1.02; P = .0466). At final analysis, the ORR, as assessed by RECIST 1.1, by was 26.1% for the combination arm compared to 17.5% for the lenvatinib monotherapy arm. 62.5% of patients in the first group experienced a grade 3–5 treatment-related adverse events compared to 57.5% of patients in the second group.

In a phase III trial, linifanib, a VEGF and PDGF receptor inhibitor, was compared to sorafenib in patients with advanced HCC (N = 1035).⁵⁰⁴ Patients who were randomized to receive linifanib had a greater ORR (P = .018), but also a greater rate of serious adverse events (P < .001) and

adverse events leading to dose reduction and drug discontinuation (P < .001), compared to patients randomized to receive sorafenib. Overall, survival did not significantly differ between the two drugs.

An oral MET inhibitor, tivantinib, was compared to a placebo in a phase III trial including 340 patients with HCC that was previously treated with sorafenib and had high MET expression,⁵⁰⁵ based on encouraging results from a randomized phase II trial.⁵⁰⁶ OS did not significantly differ between patients randomized to receive tivantinib or placebo.

Data from a phase II trial have demonstrated potential activity of axitinib and tolerability for patients with intermediate/advanced C-P class A disease as a second-line therapy.⁵⁰⁷ In the phase III AHELP study, patients previously treated with at least one line of systemic therapy were randomized 2:1 to receive apatinib or placebo.^{508,509} The results showed that compared to the placebo arm, patients treated with apatinib had significantly improved median OS (8.7 months vs. 6.8 months; HR, 0.785; 95% CI, 0.617–0.998; P = .048), median PFS (4.5 months vs. 1.9 months; HR, 0.471; 95% CI, 0.369–0.601; P < .0001), and ORR (11% vs. 2%). In patients treated with apatinib, the most frequent grade 3 or 4 adverse events were hypertension (28% vs. 2% in the placebo arm), hand-foot syndrome (18% vs. 0% in the placebo arm), and reduction in platelet count (13% vs. 1% in the placebo arm).

The phase III RATIONALE-301 study investigated the efficacy of tislelizumab, an anti-PD-1 monoclonal antibody, in patients with unresectable HCC who did not receive prior systemic therapy or who were not eligible to or with disease progression after locoregional therapy.⁵¹⁰ Results published in an abstract reported that 14.3% of patients in the tislelizumab arm achieved an objective response, compared to 5.4% of patients in the sorafenib arm. Treatment with tislelizumab resulted in a median PFS of 2.2 months, median DOR of 36.1 months, and incidence rate of 48.2% for adverse events that were grade 3 and higher, compared

to 3.6 months (HR, 1.1), 11.0 months, and 65.4% in patients in the sorafenib arm.

Though exceedingly rare in other tumor types, incidence of isocitrate dehydrogenase 1 (*IDH1*) mutations may be higher in clear cell HCC histology.⁵¹¹ The PD-L1 system functions to inhibit T-cell functions. PD-L1 protein expression on malignant or inflammatory associated tumor cells generally indicates active tumor immunity suppressed by the PD-1/ PD-L1 system. The incidence of PD-L1-high in HCC ranges from around 13% to 20% for tumor cell PD-L1 expression \geq 1%, and from around 42% to 59% for combined tumor plus immune cell PD-L1 expression \geq 1%. ^{490,512,513}

For patients with advanced disease, providers may wish to consider molecular profiling to determine eligibility for clinical trials of new molecular targeted agents (ie, for agents targeting mutated versions of *IDH1, IDH2, FGF, and KRAS*, among others).^{505,514,515}

Management of Resectable Disease

Results of an RCT (N = 200) showed that partial hepatectomy was associated with better OS and RFS, relative to combination TACE and RFA.⁵¹⁶ In a meta-analysis of 18 studies with 5986 patients comparing TACE to resection, the survival benefits were significantly higher in the hepatectomy study arm.⁵¹⁷ The consensus of the panel is that initial treatment with either partial hepatectomy or transplantation should be considered for patients with liver function characterized by a C-P Class A score, lack of portal hypertension, and who fit UNOS criteria. In addition, patients must have operable disease on the basis of performance status and comorbidity.

Hepatic resection is a potentially curative treatment option and is the preferred treatment for patients with the following disease characteristics: adequate liver function (C-P Class A and selected C-P Class B patients without portal hypertension), solitary mass without major vascular invasion,

and adequate liver remnant.^{518,519} Ablation may be considered in patients with tumors <3 cm in diameter who are not resection candidates due to age or comorbidity.³³⁹The presence of extrahepatic metastasis is considered to be a contraindication for resection. Hepatic resection is controversial in patients with limited multifocal disease as well as those with major vascular invasion. Liver resection in patients with major vascular invasion should only be performed in highly selected situations by experienced teams.

Transplantation should be considered for patients who meet the UNOS criteria (AFP level ≤ 1000 ng/mL and radiologic evidence of either a single lesion ≥ 2 cm and ≤ 5 cm in diameter, or 2–3 lesions ≥ 1 cm and ≤ 3 cm in diameter and no evidence of macrovascular involvement or extrahepatic disease) or can be downstaged to within Milan Criteria. Transplant also provides a curative intent option for patients with C-P class B and C cirrhosis who would not otherwise be surgical candidates. The guidelines recommend bridge therapy for patients eligible for liver transplant. Patients with tumor characteristics that are marginally outside of the UNOS guidelines should be considered for transplantation.⁵²⁰ Additionally, transplantation can be considered for patients who have undergone successful downstaging therapy (ie, tumor currently meeting Milan criteria).⁵²¹ If transplant is not feasible, the panel recommends hepatic resection for this group of patients.

Surveillance

Although data on the role of surveillance in patients with resected HCC are very limited, recommendations are based on the consensus that earlier identification of disease, primary or recurrent, may facilitate patient eligibility for investigational studies or other forms of life-prolonging treatment. The panel recommends ongoing surveillance—specifically, multiphasic, high-quality, cross-sectional imaging of the chest, abdomen, and pelvis every 3 to 6 months for 2 years, then every 6 months. Multiphasic cross-sectional imaging (ie, CT or MRI) is the preferred method

for surveillance following treatment because of its reliability in assessing arterial vascularity,⁷³ which is associated with increased risk of HCC recurrence following treatment.^{522,523} Elevated AFP levels are associated with poor prognosis following treatment^{247,524,525} and should be measured every 3 to 6 months for 2 years, then every 6 months. Surveillance imaging and AFP should continue for at least 5 years and thereafter screening is dependent on HCC risk factors. Re-evaluation according to the initial workup should be considered in the event of disease recurrence. Early imaging per local protocol can be considered for certain patients with unresectable HCC.

Management of Advanced Disease

Locoregional therapy (ablation, arterially directed therapies, or EBRT) is the preferred treatment option for selected patients with unresectable or inoperable liver-confined disease. Based on clinical experience with non-transplant candidates, the panel considers locoregional therapy to be the preferred approach for treating patients with unresectable liver-confined disease, or for those patients with localized tumors who are medically inoperable due to comorbidity. This may include older patients, particularly those with comorbidities or compromised performance status.^{256,526,527}

Systemic therapy is also recommended for patients with advanced disease, especially for those progressing on locoregional therapies and for those with extrahepatic metastatic disease. The combination of atezolizumab plus bevacizumab (for C-P Class A HCC) and the combination of tremelimumab-actl plus durvalumab are category 1 preferred first-line systemic therapy options. Sorafenib, lenvatinib, durvalumab, and pembrolizumab are listed as other recommended options for first-line systemic therapy. Sorafenib is recommended as a category 1 option (for patients with C-P Class A liver function) and as a category 2A option (for patients with C-P Class B7 liver function) with disease characterized as: unresectable disease, liver-confined disease (inoperable by performance

status, comorbidity, or with minimal or uncertain extrahepatic disease), metastatic disease, or extensive liver tumor burden. The panel recommends extreme caution when considering use of sorafenib in patients with elevated bilirubin levels.⁴⁷⁵ First-line lenvatinib is also included as a category 1 option for patients with C-P Class A liver function only. Pembrolizumab is a category 2B recommendation. Nivolumab is a useful in certain circumstances first-line systemic therapy option (category 2B) for patients with C-P Class A or B liver function who are ineligible for tyrosine kinase inhibitors or other anti-angiogenic agents.

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The panel now recommends several subsequent-line therapy options for disease progression following first-line systemic therapy. However, there are no comparative data to define optimal treatment after first-line systemic therapy. Category 1 targeted therapy options include regoratenib, cabozantinib, and ramucirumab. Regorafenib and cabozantinib are recommended only for patients with C-P A liver function, while ramucirumab is recommended only for patients with a baseline AFP level of 400 ng/mL or greater and C-P Class A liver function. Lenvatinib (for C-P Class A HCC) and sorafenib (for C-P Class A or Class B7 HCC) are also options. Checkpoint inhibitor options include nivolumab monotherapy, pembrolizumab monotherapy, and combination therapy with nivolumab and ipilimumab. Combined nivolumab and ipilimumab are recommended for patients with C-P Class A. Pembrolizumab is a recommended treatment option for patients with or without MSI-H tumors who have not been previously treated with a checkpoint inhibitor.^{490,528} Based on data from the negative phase III KEYNOTE-240 trial showing that pembrolizumab did not meet its primary endpoints (OS and PFS), the panel changed its recommendation of this drug from category 2A to category 2B for patients with C-P Class A liver function.⁴⁹² The NCCN Guidelines include combined nivolumab and ipilimumab as well as pembrolizumab as "other recommended regimens." Nivolumab is a treatment option (category 2B, useful in certain circumstances) for patients with C-P Class B liver disease

progression following first-line systemic therapy who have not been previously treated with a checkpoint inhibitor.^{497,512,529,530} Dostarlimab-gxly is a recommended treatment option (category 2B, useful in certain circumstances) for patients with MSI-H/dMMR recurrent or advanced tumors that have progressed on or following prior treatment, who have no satisfactory alternative treatment options, and who have not been previously treated with a checkpoint inhibitor.⁴⁹⁸ Selpercatinib is a recommended systemic therapy option (category 2B, useful in certain circumstances) for patients with *RET* gene fusion-positive tumors.⁵⁰⁰

For all patients with advanced stages of HCC treated with systemic therapies, the panel recommends periodic response assessment with cross-sectional imaging of sites at risk for metastatic progression, including chest, multiphase abdomen, and pelvis. In patients with elevated AFP tumor marker at start of therapy, AFP changes on treatment have shown association with treatment response and survival. ^{482,486,531}

The panel recommends that best supportive care measures be administered to patients with unresectable or metastatic disease, alongside cancer-directed therapies.

Summary

Hepatobiliary cancers are associated with a poor prognosis. Many patients with HCC are diagnosed at an advanced stage. In the past few years, several advances have been made in the therapeutic approaches for patients with hepatobiliary cancers.

Complete resection of the tumor in well-selected patients is currently the best available potentially curative treatment. Liver transplantation is a curative option for select resectable patients. Bridge therapy is recommended for patients with HCC to decrease tumor progression and the dropout rate from the liver transplantation waiting list.

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Locoregional therapies (ablation, arterially directed therapies, and RT) are often the initial approach for patients with HCC who are not candidates for surgery or liver transplantation. Ablation should be considered as definitive treatment in the context of a multidisciplinary review in well-selected patients with small properly located tumors. Arterially directed therapies (TACE, DEB-TACE, or TARE with Y-90 microspheres) are appropriate for patients with unresectable or inoperable tumors that are not amenable to ablation therapy. SBRT can be considered as an alternative to ablation and/or embolization techniques (especially for patients with 1–3 tumors and minimal or no extrahepatic disease) or when these therapies have failed or are contraindicated. Though it is currently rarely used, there are emerging data supporting its usefulness. PBT may also be used in select settings.

The combination of atezolizumab and bevacizumab, as well as the combination of tremelimumab-actl and durvalumab, are preferred first-line systemic therapy options for certain patients with advanced HCC. Sorafenib, lenvatinib, durvalumab, and pembrolizumab are listed as other recommended first-line options, while nivolumab is useful in certain circumstances. A number of agents are recommended for subsequent-line systemic therapy for patients with disease progression. These options include regorafenib, cabozantinib, ramucirumab, lenvatinib, sorafenib, nivolumab plus ipilimumab, pembrolizumab, nivolumab, dostarlimab-gxly, selpercatinib, larotrectinib, and entrectinib.

It is essential that all patients be evaluated by a multidisciplinary team prior to initiation of treatment. Careful patient selection for treatment and patient engagement are essential. There are relatively few high-quality RCTs of patients with hepatobiliary cancers, and patient participation in prospective clinical trials is the preferred option for the treatment of patients with all stages of disease.

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